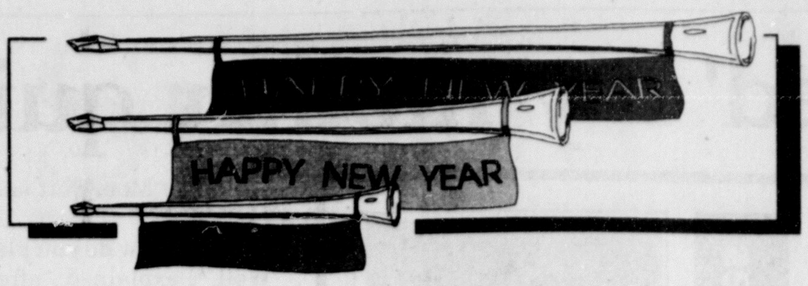


Local Scene
See what's going on!
Back Page



Police log
Page 11

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40th Year ◆ No. 20 | Serving the West Sacramento Region Since 1964 | Wednesday, Dec. 31, 2003

FIREWORKS

Sacramento and West Sacramento will be among the sponsors of a fireworks show on New Year's Eve, with one show beginning at 9 p.m. and the other at midnight. Recommended vantage points include West Sacramento's River Walk Park and the Old Sacramento boardwalk area. Listen to FM 96.9 for synchronized music. At the waterfront park in Old Sacramento, there will be a family-oriented variety show from 6 p.m. to 8:45 p.m., and following the first fireworks show there will be a performance by the "Parrotheads," a Jimmy Buffet tribute band.

Due to the show, the Tower Bridge will be closed from 6:30 p.m. to 1 a.m. tonight.

Pipeline planned for expansion

By Steve Marschke
News-Ledger Editor

A national energy company is seeking to expand a petroleum products pipeline that runs through West Sacramento. The pipeline travels about 70 miles, originating in Concord.

If the project is approved, a current 14-inch wide pipeline would be replaced by one 20 inches wide, also planted about six feet underground. The line is used to distribute diesel fuel, gasoline and jet fuel through a system that includes a hub near South River Road and 15th Street in West Sacramento, said David Tilley, a planner with the City of West Sacramento.

The project's applicant is SFPP, L.P., of Orange, California, which is affiliated with the Kinder Morgan Company "that owns thousands of miles of pipeline throughout the country," said Tilley.

The line's path enters West Sacramento north of West Capitol Avenue at the city's western limits, travels south at Enterprise, east on Industrial, onto Port of Sacramento property and along the railroad tracks near Sam Combs Park, across Jefferson Boulevard and north onto South River Road. A new path will be created along South River Road, to replace pipeline currently along the railroad right-of-way at Jefferson Boulevard.

Is safety a concern for the pipeline and its flammable contents?

"Throughout the length of the project, there's always the risk of an accident," said Tilley. "However, they're attempting to address that as much as humanly possible."

The California State Lands Commission is managing the project application, since it involves a number of jurisdictions. West Sacramento's planning commission will consider issuing a permit for the pipeline expansion at the commission's Jan. 15 meeting at 6:00 p.m. at the civic center.

Making spirits bright

Captain Jeff Martinez, Fire Engineer Bruce Selter and Firefighter T. Sundstedt (right) of the West Sacramento Fire Department delivered toys to the Mendoza family of West Sacramento in time for Christmas.



The toy drive was organized by the California School Boards Association, which is based in West Sacramento. The CSBA's annual toy drive is aimed to help local families in need. West Sacramento firefighters sign on to distribute the gifts.

Photos and information courtesy of Art Schroeder, City of West Sacramento



RIGHT: T. Sundstedt has gifts for Victor and Guadalupe. This year's CSBA toy drive received special help from the West Sacramento La Bou, Mountain Mike's Pizza, Pot Belly Deli and Togo's of West Sacramento.

West Sac mayor takes helm of regional council

Information from the Sacramento Area Council of Governments

City of West Sacramento Mayor Christopher Cabaldon was voted the new Chair of the Sacramento Area Council of Governments (SACOG) during its Board of Directors meeting on December 18. Placer County Supervisor Ted Gaines was voted Vice Chair.

Cabaldon will lead the 31-member Board of Directors, which includes representatives from all of the cities and counties in the six-county Sacramento Region. He joined the SACOG Board as West Sacramento's representative in January 1999. He succeeds Citrus Heights Mayor Bill Hughes, who died unexpectedly in November, as SACOG's leader.

Cabaldon in November was elected by a 3-2 vote of the West Sacramento City Council to a second consecutive one-year term as Mayor. He has served on the City Council since 1996, including previous back-to-back terms as mayor in 1999 and 2000.

He is the chief executive officer of EdVoice, a statewide organization promoting education reform and support for California schools. He as vice chancellor of the California Community Colleges system, 1997-2003. In 1997, he was the Chief of Staff for the Chair of the Assembly Appropriations Committee. Between 1990 and 1996, he was Chief Counsel for the Assembly Higher Education Committee.

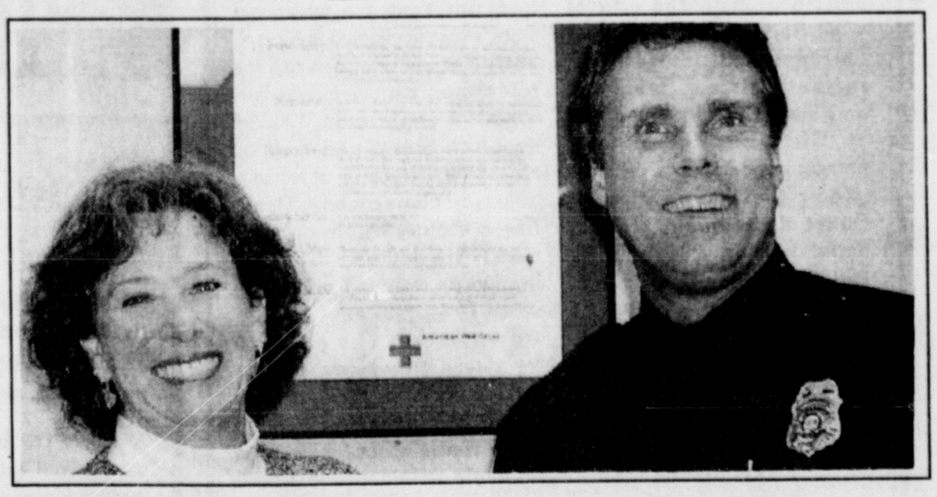
Cabaldon serves on the Board of Directors for the Delta Protection Commission, the League of California Cities, the Regional Water Quality Control, and the River City Stadium Financing Authority.

Service families

The West Sacramento firefighters' union and fire department came up with a $500 contribution to the Armed Forces Emergency Services fund of the American Red Cross. The fund assists stateside families of armed forces personnel serving overseas.

At right, Fire Engineer Kevin Kinsella presents a $500 check to Teresa Solorio, director of public communications for the Sacramento Sierra Chapter of the American Red Cross.

Courtesy of the City of W. Sac.



Power outage: ill-timed for holiday weekend?

By Steve Marschke
News-Ledger Editor

A planned power outage that affected much of West Sacrament's southern area on Sunday led to at least one unhappy citizen, and a similar outage is probably in the cards for the region's future. Much of the area, including the Bridgeway Island region, was affected.

Pacific Gas & Electric Company gave notice to residents in advance of Sunday's outage, said Larry von Kaenel, assistant to West Sacramento City Manager Toby Ross. The outage had been rescheduled from an earlier Thursday date after some residents objected that the Thursday outage would last long enough into Friday morning to make it difficult for them to get ready for work.

After the outage took place on Sunday – an outage needed to facilitate power hookup to a new apartment and warehouse – "we received a complaint via email, directed to the city council and the city's upper management," said von Kaenel. "The individual complained about the fact that there was a planned power outage on a Sunday during the day and it was a holiday weekend and a big inconvenience."

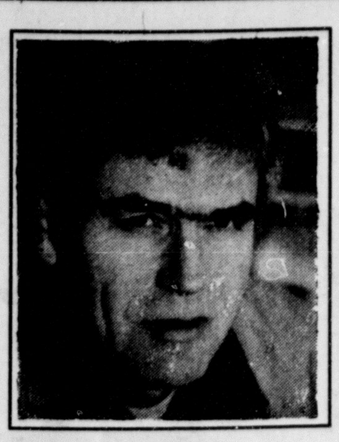
Von Kaenel said a PG&E staff person is researching why the Sunday was chosen for an outage instead of the usual Saturday date. He added that there is not yet a redundant set of circuitry to serve the southern region – meaning that an outage is necessary when new developments are hooked up. That problem will be fixed at some point when a planned new Bridgeway Lakes subdivision goes on line.

"It is likely that until that redundant circuit is put in place, there is the likelihood of about one more planned outage," von Kaenel said.

He added that he was not aware of serious power outage difficulties in West Sacramento associated with the storms that came to town Sunday.

How I 'helped' my mother quit smoking

My Back Pages



By Daryl Fisher

Quitting smoking is arguably the most common of all New Year's resolutions, and here at the *News-Ledger*, I recently received a press release entitled "A New Year's Resolution: Quit Smoking -- For Real This Time."

According to Frederic Grannis, M.D., a lung cancer specialist at City of Hope Cancer Center in Los Angeles (the organization which mailed the press release), "The most important ingredient in successful smoking cessation is for the individual smoker to make a personal decision to stop smoking in order to avoid the risks to future health. Having said that, it must be understood that it is very hard to stop smoking. The smoker is addicted to nicotine and also has a complex behavior pattern and habit of smoking. Although some people can quit 'cold turkey', without any help, most people fail on their own and need help."

The press release went on to explain that when one tries to quit smoking, the absence of nicotine can result in withdrawal symptoms like depression, frustration, anger, difficulty sleeping, headaches and irritability. Nicotine substitutes like nicotine patches, gum, and lozenges can help, but not always. Plus there are numerous psychological challenges to be conquered, because smoking is also linked to daily activities such as eating a meal and drinking coffee and alcoholic beverages.

"For example," suggests Dr. Grannis, "if you usually have a cigarette when you drink coffee, try taking a brisk walk instead, or consider drinking water or juice instead of coffee."

Other tips included getting rid of smoking related items such as lighters and ashtrays; telling your friends and family you are quitting so they can help support you; attend a smoking cessation class; avoid people and places where you are tempted to smoke; try alternatives such as chewing gum, hard candy or sunflower seeds; and find ways to keep your hands busy to distract you from the urge to smoke.

As a former smoker myself, I acknowledge that all of the above is good advice. But having smoked from my early teens to my late 20's (in fact I was smoking three packs a day of my beloved Marlboros by the time I got out of the military in 1970), I found, for myself anyway, that quitting 'cold turkey' was the only thing that actually worked.

Which brings me to my little story:

My mother was also a devoted smoker until about a decade ago when my brother and I finally decided to put down our collective feet and told her she had to quit before the darn things ended up killing her.

"Oh, I will," she would promise over and over again, and in her defense, she did try from time to time, and even used some of the methods and products mentioned above. But nothing really seemed to work until she made the fateful decision one day to have some surgery on her feet.

"This is our chance," I quickly informed my brother, and my soon-to-be co-conspirator.

"Chance for what?" he asked.

"To make Mom quit smoking once and for all."

"And just how do you plan on doing that?"

"Well," I explained, "after the surgery, she's going to be confined to her bed for weeks, right?"

"That's what the doctor said."

"And she won't be able to put any weight on her feet, much less run off to the store to buy a pack of cigarettes, right?"

"But she already has her room stored up with cartons and cartons of her favorite cigarettes," my brother quickly reminded me.

"No problem," I said confidently. "Once we get her nice and comfortable in her bed, we'll collect up all her cigarettes, take them all with us when we go home, and then she'll have to quit whether she wants to or not."

"You mean you're going to make Mom quit smoking 'cold turkey'?"

"That's the only thing that's going to work," I assured my brother.

"She'll kill us!"

"But she'll thank us someday."

"Wanna bet?"

Anyway, to make a very long and agonizing story short, once my mother had successfully undergone her foot surgery and was safely back in her own bed, one of her first requests was for a cigarette.

"Sorry, Mom," I bravely told her, "but we've taken all your cigarettes away."

"You've done what?" she asked with fire in her usually kind and caring eyes.

"I'm afraid your smoking days are over," I explained, "and someday you're going to thank us for helping you do it. If I could quick 'cold turkey', believe me, anyone can. Plus think of all the extra years it's going to add on to your life. Really, you're going to be happy you did this."

Then, being the very bright woman she is, my mother decided to go about getting her cigarettes back another way. "But you wonderful boys wouldn't do this to your poor, poor mother," she pleaded with the saddest eyes imaginable, "who has just got home from surgery and is in such pain. And I promise I'll quit smoking once and for all when I'm feeling a little better -- really."

"Sorry," I said, having already prepared myself for just such an argument. "And remember, someday you really are going to thank us for this."

Well, for the next few days, I don't recall hearing any "thank you's", although when the 'silent treatment' wasn't in effect my mother did make considerable mention of never talking to us again, trading us in for sons who would never do such a cruel thing, and of course disinheriting us, but in the end, she finally did quit smoking and as the year 2004 gets underway, she's more than 80-years old and going strong.

"I can't believe you did such a horrible thing to your mother," a friend of mine told me when I mentioned the subject of this week's column to her. "You're lucky she didn't throw something at you."

"Oh, she did," I said, "and if her feet hadn't been so sore, she probably would have given me a good swift kick in the butt, too."

"Are you sure you're back in the will?"

"Good question."

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Locals in uniform—

Army PFC Tomera Bohnert has graduated from basic combat training at Fort Jackson in Columbia, South Carolina. During her nine weeks of training, she studied Army mission and history, and received instruction and practice in basic combat skills, military weapons, field tactics, first aid and marksmanship.

Bohnert is the sister of Janet Chapan and Tommie Lee Thompson of West Sacramento.

Strange BUT TRUE

By Samantha Weaver

• Tony Blair is now the prime minister of Great Britain, but he didn't always hold so distinguished a post. He once was a guitarist in a band called "Ugly Rumours."

• The Irish have some truly imaginative curses. For example, "May the lamb of God stir his hoof through the roof of heaven and kick you in the rear down to hell."

• Not all monarchs are truly beloved of their subjects. Charles II of France was widely known as "Charles the Fat." One of his successors, Charles VI, was called "Charles the Mad." And France's Louis V was called "Louis the Indolent" or "Louis the Lazy."

• It was Thomas Carlyle who made the observation: "Love is not entirely a delirium, yet it has many points in common therewith."

Thought for the Day: "If we had no faults of our own, we would not take so much pleasure in noticing those of others." — *La Rochefoucauld*

• A lump of clay contains millions of particles of magnetite. When a clay pot is fired, the intense heat of the kiln erases these particles' tiny individual magnetic fields. As the pot cools, the particles align themselves with the Earth's north pole. Scientists can study pots made thousands of years ago to measure changes in our planet's own giant magnetic field. This is why you so often see archaeologists and geologists fighting over ancient pottery.

• Before she got married, Jacqueline Kennedy Onassis, then known as Jackie Bouvier, worked as a newspaper columnist at a salary of $42.50 per week.

• Are you cnidophobic? I wouldn't be surprised. Most people are afraid of being stung.

• Munich, Germany, is home of the original Oktoberfest. The first one was in 1810, and it's now the largest festival in the world. It's been reported that the 6 million attendees collectively drink more than 10 million pints of beer.

***

Do not speak of your happiness to one less fortunate than yourself.
—Plutarch

***

Never fight an inanimate object.
—P.J. O'Rourke

***

Keep true to the dreams of thy youth.
—Johann von Schille

***

Trivia test

by Fifi Rodriguez

1. LITERATURE: Whose first novel was called "A Time to Kill"?
2. MYTHOLOGY: According to Greek mythology, what was the name for the three daughters of Zeus and Hera?
3. GENERAL KNOWLEDGE: Which U.S. military branch oversees the Marines?
4. TELEVISION: In what hit show does actor James Gandolfini star?
5. MEASUREMENTS: The parasang, an ancient Persian unit of distance, was equal to about how many miles?
6. HISTORY: When was the end of China's Song Dynasty?
7. RELIGION: What is the first book of the Bible?
8. ANCIENT WORLD: Who is considered to be the world's first true mathematician?
9. FASHION: What is the common pattern on a rugby shirt?
10. LANGUAGE: What does the Greek prefix "phago" pertain to?

Answers

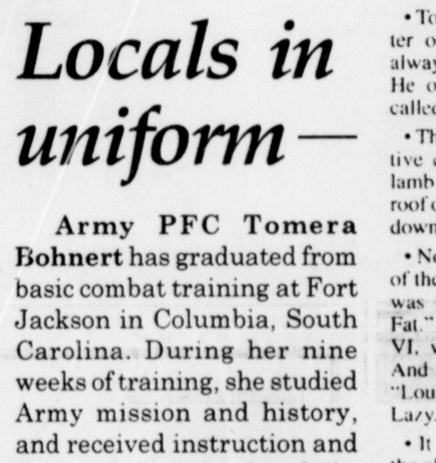
1. John Grisham
2. The Graces
3. Navy
4. "The Sopranos"
5. 3.5 miles
6. 1279
7. Genesis
8. Pythagoras
9. Horizontal stripes
10. Eating

***

Virtue has never been as respectable as money.
—Mark Twain

***

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Obituary

Myrtle J. Migge

Myrtle Migge passed away in her home in West Sacramento at the age of 84 on December 22, 2003. She was the beloved mother of Don Migge and his wife Mary of Gold River, CA., and Jane Cook and her husband Jim of Springfield, OR.; the loving grandmother of Erin Hubbard of Sacramento, Melissa Rivera of Courtland, and William Cook of Springfield; and the loved great-grandmother of Erik and Elizabeth Hubbard. She was a native of Sacramento and had resided in West Sacramento since 1952. She retired from Mercy General Hospital after working there for 20 years as a registered nurse.

Services were held on December 29, 2003 at East Lawn Mortuary in Sacramento. In lieu of flowers, remembrances may be made to the American Heart Association.

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The News-Ledger was founded August 14, 1964. It is the successor to the *Weekly Reader*, founded by Julius A. Feher in April, 1938, and incorporates the *West Sacramento News*, founded by Julius A. Feher in August, 1942.

The News-Ledger is a weekly newspaper published every Wednesday. It provides coverage by mail and other distribution to the city of West Sacramento, including the communities of West Sacramento, Bryte, Broderick and Southport.

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Daryl Fisher,
Features Editor
Richard Novoa,
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Barry Blacklaw,
Photographer
Daryl Fisher,
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News submissions: The *News-Ledger* welcomes information on local news and events. Please submit written news items to the below address by mail or in person, or through the office mail slot. News deadline is Friday before publication. Please include your name for attribution and your phone number in case we have any questions.

Opinion submissions: Letters to the Editor on topics of local interest are welcome. They must be signed, original, and must include the author's telephone number and address for verification. Letters should be brief and may be edited for length or objectionable or libelous content. Deadline is Friday before publication, and letters may be mailed or dropped off at the *News-Ledger* office.

Advertising: The deadline for classified advertisements is Monday at 5 p.m., and ads should be prepaid. An ad of up to 25 words costs $3.50, plus 10 cents for each additional word, per publication. Please mail ad and payment to the address below, or drop it off in the *News-Ledger* office or through the office mail slot.

Deadline for all other advertising is 5 p.m. on Friday. Please call 371-8030 for information on display advertising and advertising inserts.

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'The rest of the story'

Raymond asks:

'My credit is not so good; I know, but I really want to buy a home. I have the down payment and closing costs but I was told I only qualify for what is called a two year fixed, two year prepayment loan. I don't want a prepayment penalty so is there any other loan out there?'



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David Trussell

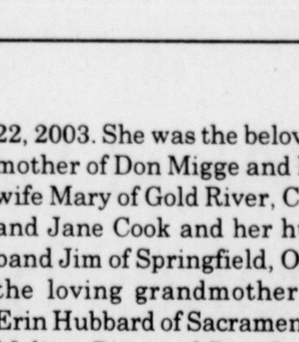
Answer: Yes, Maybe and No? This may sound a little confusing, but we have talked before about how critical your credit scores are when searching for a home loan, and how important your "attributes" are when applying for a loan; so it is not unreasonable to expect (regrettably) that the lower your credit scores are the less assortment of loans you qualify for. If however a sub prime loan is all there is for you, there may be a few things you can do. First of all ask your loan officer to "BUY" out the prepayment penalty clause. Most sub prime lenders have this capability nowadays. This may increase your interest rate and/or add discount points, but you won't have a prepayment penalty. Buying out the prepayment penalty sounds good on the surface, especially if you plan on selling the home in a year or so; or if things on your credit report are coming off or just need a few more months for some lates to comes off, although for the most part buying out the prepayment penalty clause has to be further examined. Increasing your credit scores takes time and extreme patience. If your scores are low, it may take a few years before your scores are at where they need to be to qualify for a better rate. Yes there are agencies and companies that can "fix" your credit and even adjust your credit scores, but they too take time, a lot of documentation and a fee. Every loan is different, every credit score is different, and everybody's needs are different. So before you step into the sub prime loan arena, talk to a ***Mortgage Consultant professional*** who can assist you with making that important financial step.

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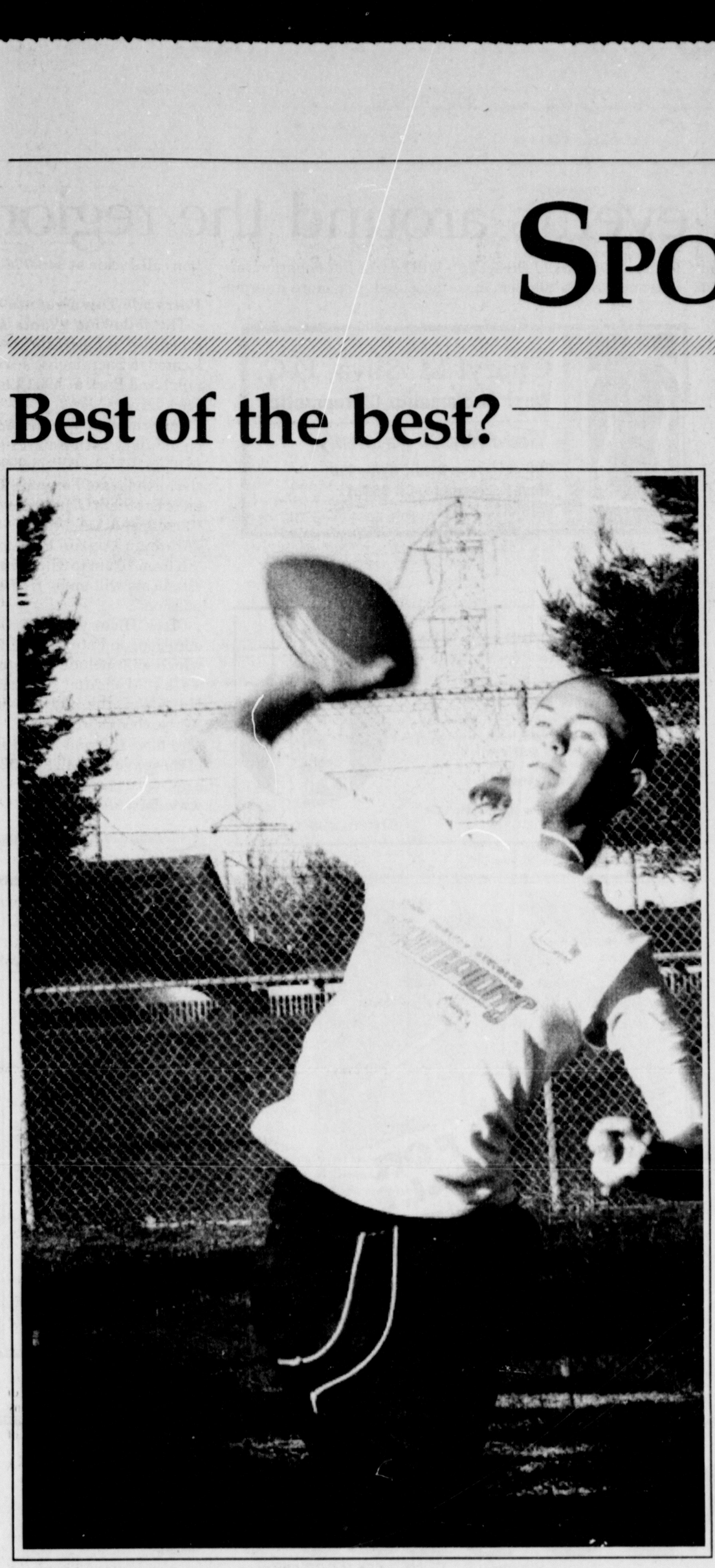
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SPORTS

Best of the best?



West Sacramento's Ariel Gregersen will compete with three other girls on Jan. 11 for the 12-13 year old girls championship in that age group in the National Football League's "Punt, Pass and Kick" competition.

Gregersen won the competition in the 10-11 year old category in 2001.

The championship will take place at the AFC playoff game, when Gregersen will represent her sponsor team the Oakland Raiders. The competitors will each get one chance to punt, pass and kick for both distance and accuracy, and Ariel feels here ability to throw a pass 45 yards is one of her strengths.

Ariel practices under the guidance of brother Dean O'Brien, "spiritual father" Kevin Haugen, mentor Dave Blake and father Scott. A set of spraypainted hashmarks on Clarendon Street marks her distance progress with the football.

A Holy Cross student and basketball player, she plans to attend St. Francis High School.

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Sports QUIZ

by Chris Richcreek

1. What team holds the American League record for being shut out the most times in a season?
2. Who holds the mark for most relief appearances by a rookie major-league pitcher?
3. Who was the quarterback of the Washington Redskins when they won Super Bowl XXVI against Buffalo?
4. Name the last Big East team before Syracuse in 2003 and Connecticut in 1999 to win the NCAA men's basketball Division I championship.
5. Who was the captain of the Detroit Red Wings before Steve Yzerman took the role during the 1986-87 season?
6. Name the PBA bowler who has been in two different matches where the score was a 300-300 tie.
7. Which Triple Crown horse race did Man o' War not win in 1920?

Answers on back page

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A Sporting View by Chris Richcreek

Venue Vetting

A new year usually brings new hope for many — a clean slate with which to work and create.

One place this is very evident is San Diego, where a new baseball stadium is expected to help promote new life for the Padres this season.

Now is the age of fancy baseball-only venues, stadiums that provide enhanced revenue streams and revitalize the surrounding areas. Petco Park is a field of dreams right now in San Diego. It all looks so good on paper.

But it also did in Pittsburgh, Milwaukee and Cincinnati, three other National League cities.

Yet look at the bottom lines last season. The Pirates, who began play in PNC Park in 2001, were 75-87 in 2003 and averaged 20,983 in a park that seats 37,898. The Brewers started in Miller Park in 2001, and in 2003 posted a 68-94 mark while filling, on average, 20,992 of the 42,400 available seats. The Reds were 69-93 in 2003, their first year in the Great American Ballpark. They filled up 29,077 of the 42,059 seats on average.

It's safe to say that things aren't working out so well in ballpark heaven — financially or on the field. And improvement looks to be far away. Pittsburgh dealt its best player, outfielder Brian Giles, to San Diego in August. The Reds made a lot of cost-cutting trades during 2003, while the Brewers traded slugger Richie Sexson during this off-season.

That paints a lovely picture for San Diego, doesn't it?

Yet all is not bleak. The Padres — a young, developing team that was 64-98 last season, which was a far cry from San Diego's World Series appearance in 1998 — did acquire Giles and are expected to make more positive changes before Opening Day 2004.

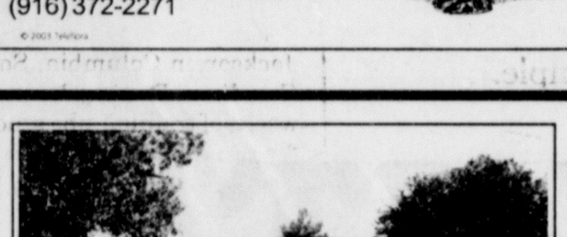
Coincidentally, another N.L. team, Philadelphia, is in somewhat of a similar situation with a new ballpark opening up this season. But the Phillies have been active participants the past two years in acquiring talent ahead of Citizens Bank Park's debut.

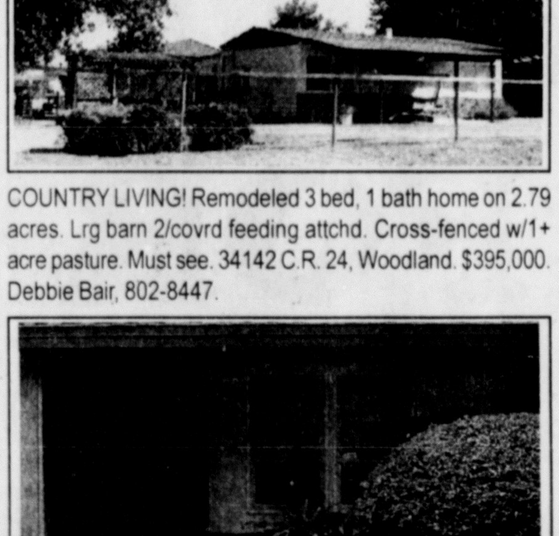
And that's the key. A new stadium does provide the possibility for increased revenue, but trades and player development must be partly in place before the new ground is broken. When the Cleveland Indians opened up Jacobs Field in 1994, they were only one year away from going to the World Series. But their foundation of talent development dated to the early '90s.

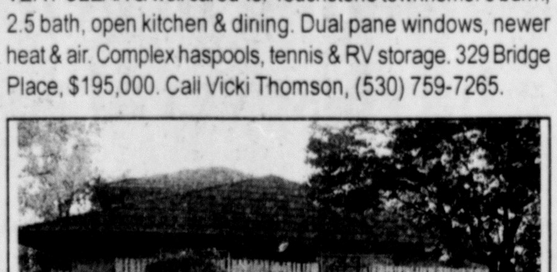
A new stadium as part of an overall rebuilding project is a key item, but a new stadium cannot save a team, for there are three things it cannot do: throw, catch and hit a ball.

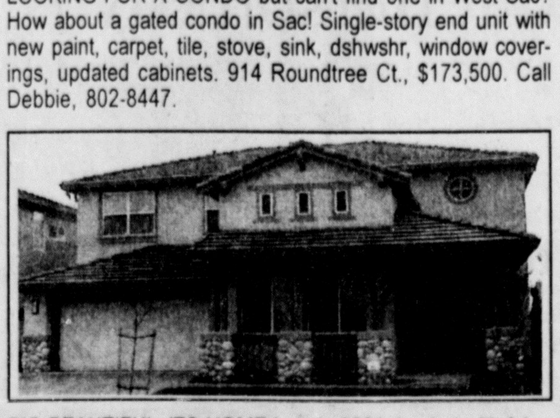
***
When your work speaks for itself, don't interrupt.
—Henry Kaiser
***

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COUNTRY LIVING! Remodeled 3 bed, 1 bath home on 2.79 acres. Lrg barn 2/covrd feeding attchd. Cross-fenced w/1+ acre pasture. Must see. 34142 C.R. 24, Woodland. $395,000. Debbie Bair, 802-8447.


VERY CLEAN & well cared-for Touchstone townhome. 3 bdrm, 2.5 bath, open kitchen & dining. Dual pane windows, newer heat & air. Complex haspools, tennis & RV storage. 329 Bridge Place, $195,000. Call Vicki Thomson, (530) 759-7265.


LOOKING FOR A CONDO but can't find one in West Sac? How about a gated condo in Sac! Single-story end unit with new paint, carpet, tile, stove, sink, dshwshr, window coverings, updated cabinets. 914 Roundtree Ct., $173,500. Call Debbie, 802-8447.


BIG BEAUTIFUL JTS HOME built in 2001, loaded with fabulous features. 5 bdrms, 3.5 baths, formal dining rm, maple cabinets, tile floors, upgraded carpet, media center w/surround sound, large yard, custom patio & more. 3421 Martinique St., $399,900. Jina & Perry, 425-1270.

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374-9090 ■ Fax: 374-9099
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Terrell Lowery
(916) 849-3689
Chris Palamidessi
(916) 834-7003
cpalamidessi@golyon.com
Perry Palamidessi & Jina Palamidessi
(916) 425-1270
pjp@golyon.com
Jim Piatt, Sr.
(916) 375-1122
(800) 579-3024
jimpiatt@jimpiatt.com
Megan Straws
(916) 798-3364
Vicki Thomson
(530) 219-4364

FEATURED HOMES:
PRICED TO SELL QUICKLY! Beautiful 3 bed/2 bath in R[illegible]way Island. Gas frplc, faux wood blinds, upgraded all-black appliances, includes refrig & 1-year home warranty! 3436 Kauai Rd., $265,900. Call Chris, 834-7003
PENDING!

COME SEE this [illegible] Natomas 1/2-plex! Great loca[illegible]won't last long. Only minutes to downtown. 1606 Bannon Creek Dr., $20[illegible]00. Call Levi Benkert, (916) 284-0050.
PENDING!

FINALLY... your dream home! Spectacular home w/4 beds + loft, 3 baths, 3-car garage, built by R&B in 2001. Custom paint & decor, maple cabinets, Corian counters, large lovely yard, much more. MUST SEE. 3435 Trinidad St., $399,900. Call Jina & Perry, 425-1270.

'ACROSS THE BRIDGE': events around the region

Storytellers performance

The Sacramento Storytellers Guild will hold a performance with the theme of "Resolutions" on January 8th from 7:30-8:30 p.m. at the Hart Center, 27th and J Street in Sacramento. The performance will be free but donations are accepted. For more information call Jackie at 348-7764.

Fairytale Town events

The following events are scheduled at Fairytale Town, located in Sacramento's William Land Park at 3901 Land Park Drive:

Fairytales in Wonderland, on January 24th from 11 am to 3 pm, which will celebrate the birthdays of Fairytale legends Brothers Grimm, Lewis Carroll, and A.A. Milne.

Museum Day, on February 7th from 10 am to 3 pm, when all guests will enjoy free admission.

Black History Month Celebration, on February 21-22, which will include a History Talks Museum, crafting Unity Wreaths, and weaving African bookmarks.

For more information on any of these events, call 264-5233 or go to www.fairytaletown.org.

Please see EVENTS, page 7

News-Ledger Directory *of* Local Places *of* Worship

Anna Street Baptist Church
Rev. Norman Pollitt, 371-6560
1400 Anna St., W. Sac.
Sunday School 10am
Sunday Worship 11am
Prayer Time 6:30 p.m.
http://www.forministry.com/95605ASBC

Community Lutheran Church
Rev. Marjorie C. Beach, Pastor
920 Drever St., 371-8804
10am Worship/Sun. School
Friendly, family, inclusive language.
The 'come as you are' church.

Seventh Day Adventist Church
H. Eugene Miller, Pastor, 334-9315
2860 Jefferson Blvd., W. Sac.
PO Box 447, W. Sac. 95691
Sat. Sabbath School 9:30am
Worship 11am
372-6570

First Baptist Church
Gary Clements, Pastor
1511 Delaware Ave., 371-4061
Morning Wrshp/Sun Schl 9:45am
Adult choir 4:45pm
Child. Choir 5pm/Prayer Grp 6pm
Jr./Sr. High Youth Grp 6:30pm
Tues. Nite Bible Study 7pm
Wed. Nite Akawana (K-6) 6:30
Thurs. Nite Quilting 7pm

Trinity Presbyterian Church
1500 Park Blvd., W. Sac.
Rev. Steve Whitney
(916) 371-5875
Service: Sunday at 10 a.m. including children's programs

Holy Cross Catholic Church
1321 Anna St. near Todhunter
371-1211
Rev. Chad Puthoff, SDS
Sat. Vigil 5pm (English)
Sun. 9 (English)
Noon & 7pm (Spanish)
Mon. 8:30am, Tues-Wed 7am,
Thurs. 6:45 (Spanish)
Fri. 8:30am

First Southern Baptist Church
Sun. School 9:30am
Sun. Worship 11am, 6:30pm
Wed. 6:30pm Prayer Meeting & Bible Study
2124 Michigan Blvd.
371-2111

Southport Community Church
James Allerton, Pastor
2568 Industrial Blvd.
10:30 a.m.
Children's Programs
Wkly Small Grp Bible Study
Great Music
www.southportcommunity.com
372-7818

Westside Covenant Church
371-3933
Meeting Sunday at 10 a.m. at Westfield Village Elementary School
508 Poplar Ave.
West Sacramento

Our Lady of Grace Catholic Church
911 Park Blvd., 371-4814
Father James B. Walsh, Pastor
Masses: Sat. Vigil 5:30pm
Sunday 9 & 10:30am
Weekdays 7am
No Mass on Thursday

Call 371-8030 to find out how your church can reach local people through this advertising space.

Center for Spiritual Awareness
1020 W. Capitol Ave.
374-9177
Sun. services 9 & 11 am
Junior Church, 11 am
Multicultural Gospel Choir
Wed. 7 pm Peace Prayers
'The last place you should catch hell is in your church"

Charyl M. Silva, D.C.
West Sacramento Chiropractic
'Good Health Naturally'
900 Jefferson Blvd., Suite 110
West Sacramento, CA 95691
(916) 372-8383

West Sacramento Center
Sacramento City College
1275 Halyard Drive, Ste. 175
(916) 375-5511
The Fall 2003 semester is underway. However, we still have 3 week, 6 week and 9 week classes still available!
Enroll today!
Drop by the Center or visit our website today: www.scc.losrios.edu
-Los Rios Community College District



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QUIT SMOKING FOR FREE!

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WOULD YOU LIKE TO QUIT?
Attend a meeting to help you prepare to quit smoking.
We have several meeting options available.

January 7th or January 9th, 2004, from 9-10 a.m.
Yolo County Health Services Building, West Sacramento
500 Jefferson Blvd., Community Rooms 1 & 2

-OR-

January 6th or January 8th, 2004, from 6-7 p.m.
1212 Merkley Ave., West Sacramento
West Sacramento Public Library Conference Room

Call the Yolo County Health Department for more information, at:
(916) 375-6380 ext. 4165, or (800) 794-6517 ext. 4165

Fictitious Business Name Statement
Filed Dec. 18, 2003
File No. 2003-1167

The following person is doing business as One Step Enterprises, 2968 Shasta Way, West Sacramento CA 95691:

Eric Bisellach, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on Dec. 18, 2003.

/s/Eric Bisellach

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Dec. 18, 2003
by: /s/Cruz Nevarez-Ortiz, Deputy Clerk

Dec 24 31 Jan 7 14

Fictitious Business Name Statement
Filed Dec 12, 2003
File No. 2003-1137

The following person is doing business as El Rincon de Michoacan, 900 Jefferson Blvd #130, W. Sac. CA 95691

Maribell Macias, 876 Rancho Roble Way, Sacramento CA 95834.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 11/01/03.

/s/Maribell Macias

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Dec. 12, 2003
by: /s/Sara Pfeifle, Deputy Clerk

Dec 24 31 Jan 7 14

Fictitious Business Name Statement
Filed Dec. 16, 2003
File No. 2003-1159

The following person is doing business as Boulevard Interiors, 2935 Ramco Street, Suite 20, West Sacramento CA 95691:

Brenda Crum, same address.

This business is conducted by an Invididual.

The registrant commenced to transact business under the fictitious business name or names listed above on n/a.

/s/Brenda Crum

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Dec. 16, 2003
by: /s/Ava Woodard, Deputy Clerk

Dec 24 31 Jan 7 14

Fictitious Business Name Statement
Filed Dec. 19, 2003
File No. 2003-1170

The following person is doing business as All Seasons Limousine, 2435 West Capitol Ave. #B, West Sacramento CA 95691:

Terresa R. Simmons, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 12/1903.

/s/Terresa R. Simmons

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Dec. 19, 2003
by: /s/Linda Smith, Deputy Clerk

Dec 24 31 Jan 7 14

IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA IN AND FOR THE STATE OF YOLO
In the Matter of LESARA SUSANA LAVALLE CARLOS LAVALLE,
Minor
NO: JV-02-0106, JV-02-0105
CITATION

TO: Jimmy Lavalle and all Persons claiming to be the father of the above named minor:

YOU ARE HEREBY CITED AND REQUIRED TO APPEAR at a hearing in Yolo County Juvenile Court, located at 725 Court Street, Woodland, California, 95695, on March 10, 2004 at 10:30 A.M. in Department 4. At the hearing, the Court will decide whether to permanently terminate your parental rights over the above-named minor born to Christina Ramirez on 12/6/2000. If you wish to be represented by an attorney and are unable to afford one, the Court will appoint an attorney to represent you.

Dated: 12/19/03
/s/Donna M. Petre
Judge of the Juvenile Court

Dec 24 31 Jan 7 14

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A joy that's shared is a joy made double.
—John Ray

***

The fruits of humility are love and peace.
—Hebrew proverb

***

Life's more amusing than we thought.
—Andrew Lang

***

Fictitious Business Name Statement
Filed Dec. 26, 2003
File No. 2003-1181

The following person is doing business as K.T.X. Kangoora Trucking Express, 8167 Alpine Ave. Suite B, Sacramento CA 95826:

Sarabjit Singh, 2141 Oakmont Way, W. Sac CA 95691.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 12/01/03.

/s/Sarabjit Singh

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Dec 26, 2003
by: /s/Eleigh Fagel, Deputy Clerk

Dec 31 Jan 7 14 21

INVITATION TO BID

Sealed proposals will be received at the office of the Director of Community Development, 1110 West Capitol Avenue, 2nd floor, West Sacramento, California until **10:00 a.m. local time on Thursday, January 22, 2004** for the:

Park Boulevard, Alabama Avenue & West Capitol Avenue Sanitary Sewer Line Rehabilitation Project

The proposed work consists of the following:

Description of Work: The work consists of the rehabilitation of sanitary sewer main by the installation of a pipe liner into the exiting gravity sewer line, internally reinstating lateral services, checking service lateral connections at main for leaks, and lining sanitary sewer manholes. The work shall also include pre-cleaning, video inspection, and evaluation of sanitary sewer main and service laterals; installation of a sanitary sewer manhole and flushing inlets; grinding protruding lateral connections; possible spot repairs along sanitary sewer main; possible sealing sanitary sewer lateral connections at the main and lining of service laterals; possible sealing of sanitary sewer manholes; and all related components necessary to complete the work as shown on the Contract plans and/or specified herein.

In addition, the work shall also include the replacement of any pavement, sidewalk, curb and gutter or public and private improvements removed or damaged as a consequence of the execution of this Contract, as well as, all necessary traffic control.

First order of work shall be all work identified on sheets 2, 3, 4 and 5 of the Contract Plans and specified herein regarding Park Boulevard. The work, to be completed within twenty-five (25) working days from the date designated on the Notice to Proceed, consists of the placement of a folded and formed polyvinyl chloride (PVC) liner into the exiting gravity sewer line, sealing sanitary sewer lateral connections at the main, internally reinstating lateral services, and sealing sanitary sewer manholes. The work shall also include pre-cleaning and video inspection of sanitary sewer main, installation of a sanitary sewer manhole and flushing inlet; possible spot repairs along sanitary sewer main and all related components necessary to complete the work as shown on the Contract plans and/or specified herein.

Completion of Work: All work shall be completed within **sixty-five (65)** working days from the date designated on the Notice to Proceed. First order of work shall be all work identified on sheets 2, 3, 4 and 5 of the Contract Plans and specified herein regarding Park Boulevard. All first order of work as identified on the Contract plans and/or specified herein shall be completed within twenty-five (25) working days from the date designated on the Notice to Proceed.

Obtaining Contract Documents: Plans and specifications may be examined at the office of the Director of Community Development, 1110 West Capitol Avenue, 2nd Floor, West Sacramento, California. A copy of bid documents may be obtained at the office upon request and payment of $25.00 or may be mailed upon request and payment of $30.00. The amount of the payment is non-refundable.

Submission of Proposals: All proposals must be submitted not later than the time prescribed. The bidder is wholly responsible to see that his bid is submitted at the time and place designated for the opening of bids. Any bid received after the time and date specified shall not be considered. Any bid may be withdrawn prior to the scheduled time for opening bids.

Each bid must conform and be responsive to this notice and shall be made on the official proposal forms furnished with the contract documents.

Attention is directed to the provisions of the Business and Professions Code Section 7028.15 which makes it a misdemeanor for any person without a valid contractors license (with specific exceptions) to submit a bid to act as a Contractor to a public agency.

Proposal Guarantee: Each proposal must be accompanied by cash, a cashier's check, certified check or bid bond, executed on the prescribed form, in an amount not less than ten (10) percent of the total bid price payable to the City of West Sacramento.

Bidders are hereby notified that in accordance with the provisions of Government Code Section 4590, securities may be substituted for any monies which the City may withhold pursuant to the terms of this Contract to ensure performance.

Construction License: The successful bidder must possess a current **Class "A" General Engineering or a Class "C-34" Pipeline** Contractor's License issued by the State of California.

Award: The award shall be made to the lowest responsible bidder whose proposal complies with the specified requirements. The award of Contract will be made by the Director of Community Development, and the Contractor shall execute the Contract within ten (10) days after he has received the Contract from the City.

The City reserves the right to waive any irregularity in the proposals. No bid may be withdrawn for a period of sixty (60) days after the opening of bids.

Rejection of Bids: The right is reserved to reject any and all bids. Any bid not conforming to the intent and purpose of the Contract documents may be rejected. The City reserves the right to make all awards in the best interest of the City.

Disqualification of Bidder: If there is a reason to believe that collusion exists among any bidders, none of the bids of the participants in such collusion will be considered and the City may likewise elect to reject all bids received.

Relief of Bidder: Attention is directed to the provisions of Public Contracts Code Section 5101 and following, concerning relief of bidders and in particular to the requirements therein that if the bidder claims a mistake was made in his bid, the bidder shall give the City written notice, within five (5) days after the opening of bids of the alleged mistake, specifying in the notice, in detail, how the mistake occurred.

Wage Rates: Bidders are hereby notified that the California Director of Industrial Relations has determined the general prevailing rate of wages for each craft, classification, or type of worker needed to execute the work.

It shall be mandatory for the Contractor and any subcontractor under him to pay not less than the said specified rates to laborers and workmen employed by them in the execution of the Contract.

Bonds: The successful bidder will

NOTICE OF HEARING
JANUARY 15, 2004

The West Sacramento Planning Commission will consider the following matters on Thursday January 15, 2004, at West Sacramento Civic Center, Council Chambers, 1110 West Capitol Avenue, West Sacramento, California, at the times as specified or as soon thereafter as the matters may be heard:

6:00 p.m.
Zoning Administrator (ZA) Actions

Item #1
Parlin Ranch Vesting Tentative Subdivision Minor Map Modification (ZA 03-39)

The applicant is requesting approval of a minor map modification to a previously approved vesting tentative subdivision map to realign proposed roads, reconfigure lots and modify lot sizes. (SW)

Regular Agenda

Item #2
Benkert Estates Parcel Map (TSM 03-10)

The applicant requests to subdivide an existing +/- 5.0 acre parcel into two +/- 1.0 acre parcels, one +/- 1.2 acre parcel, and one +/- 1.8 acre parcel. Each lot would be served by a private well and septic system. The property is located at 1325 Linden Road (APN #46-050-12) and is zoned RRA (Rural Residential). A Negative Declaration has been prepared on the project. OWNER: Levi Benkert, 1325 Linden Road, West Sacramento, CA 95691. APPLICANT: Wecker Surveys, 1111 Kennedy Place, Suite 4, Davis, CA 95616. (JP)

Item #3
Harriet Lane Vesting Tentative Map No. 4682

This item is a proposal for a vesting tentative map on 1.5 acres creating 34 parcels and one common area parcel. A Planned Development Permit has already been approved. The vesting tentative map would replace the previously approved "Harriet Lane" tentative subdivision map. The property is located at 400 5th Street (APN #10-192-02) and is zoned R-3/PD 43 (Multiple Family Residential/Planned Development 43). A Categorical Exemption has been filed on the project. OWNER: Raley's, 500 West Capitol Avenue, West Sacramento, CA 95605. APPLICANT: Sacramento SBB Associates, LLC, 1300 Oliver Road, Suite 270, Fairfield, CA 94534. (DT)

Item #4
SFPP Pipeline Conditional Use Permit (CUP 03-06)

The applicant is requesting approval of a Conditional Use Permit for a 20 inch diameter petroleum pipeline as a major impact service and utility and as an expansion of an existing use greater than 30% in the South River Road area south of the Pioneer Bridge and the barge canal. The project also includes a 4,000 foot extension consisting of a 12 inch pipeline branch to serve Wickland Oil and ultimately the Sacramento International Airport. The project is part of a proposed 70 mile pipeline originating in Concord, California and is intended to replace an existing 14 inch pipeline. The pipeline would generally enter the City at the western city limit, north of West Capitol Avenue, turn south at Enterprise Boulevard, turn east onto Industrial Boulevard, then enter the Port of Sacramento, cross Jefferson Boulevard and turn north onto South Rivr Road, terminating at the existing SFPP station on South River Road. The California State Lands Commission as Lead Agency has certified an Environmental Impact Report for the entire project. APPLICANT: SFPP, L.P., 1100 Town & Country Road, Orange, CA 92868. (DT)

Item #5
South Linden Vesting Tentative Subdivision Map #4601

The applicant is requesting approval of a Vesting Tentative Subdivision Map to subdivide 17.28 acres into 100 single family lots and a 1.5 acre park and approval of a density bonus. The property is located south of Linden Road at the southern end of Mojave Drive (APN #46-050, 26, -27) and is zoned R-1B (Single Family Residential) and RP (Recreation – Parks). A Negative Declaration has been prepared on the project. OWNER/APPLICANT: Pacific Mountain Partners, 2410 San Ramon Valley Boulevard #23, San Ramon, CA 94583) (SW)

Item #6
Continued Public Hearing for Bridgeway Lakes Two

This item is a request to amend the General Plan, Southport Framework Plan, and Zoning Map to reconfigure land uses in the Southwest Village of Southport, east of Bridgeway Lakes One. The project includes modifying the circulation element of the General Plan to relocated the future intersection of Southport Parkway and Jefferson Boulevard approximately 1,700 feet south of Bevan Road. The project includes a request to subdivide 125 acres into 487 single family lots and a detention pond. The project is located on an approximate 138.4-acre site located south of Marshall Road, north of Burrows Road, west of Jefferson Boulevard, and east of the deep water ship channel. A Negative Declaration has been filed on the project. OWNER/APPLICANT: ASB Properties, 1107 Kentucky Street, Fairfield, CA 94533. (RVB)

/s/Stephen M. Patek, Director
Community Development Department

If you challenge any of the above items in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the City of West Sacramento at, or prior to, the public hearing.

Dec 31

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You can't think and hit at the same time.
—Yogi Berra

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Everyone is the age of their heart.
—Guatemalan proverb

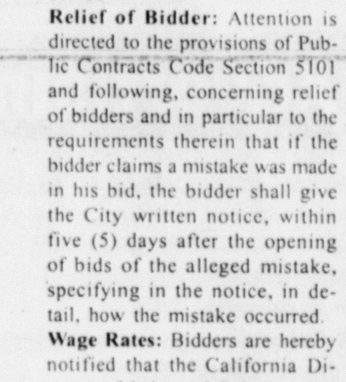
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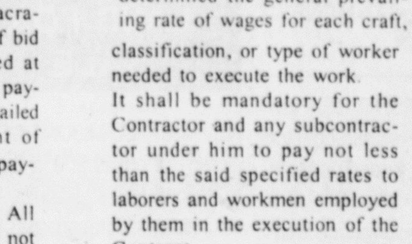
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Linda S. Patrick
Attorney at Law

3.26

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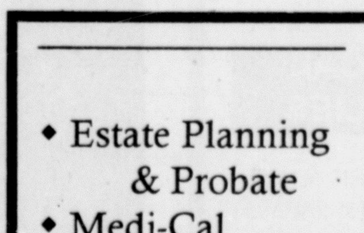
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21

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17tfn

ARE YOU OVER 55 YEARS OF AGE? If you are over 55 years of age and would like to sell your home, California has tax relief available. For information about this law or any real estate matters, please call Jeff Puliz, 373-9600, Parkside Property, 155 15th St., West Sacramento CA 95691. Visit www.jeffpuliz.com.
52tfn

JUST LISTED! Home on Kathy Circ. in Southport. 4 bdrms, 2 & 1/2 baths, 3-car garage, frplc in fam. rm and in living rm. Landscaped front & rear: built-in swimming pl with waterfalls! Lovely home in great community, next door to large park! Priced at $369,900 & you will not find a better home with all the amenities. Call for your private appointment, John Kane, brkr, Kane Realty, 373-5300.
12tfn

2776 Olive Ct., $272,800. Southport home w/3 bdrms, 2 full baths, 2-car garage, sitting rm in master bdrm, living rm and family rm frplc, remodeled. New carpeting, kitchen fixtures, CH/A. Move right in & enjoying! Call today for private apptmt to see this lovely home. John Kane, Kane Realty, 373-5300.
12tfn

Jacquelyn Lane, $269,900: Looking for an almost-1600 sq ft 3 or 4 bdrm home with 2 full baths, 2-car garage, living rm frplc, family room combination, newer roof, fresh paint inside & out, vaulted ceilings? Then you've found the house! Pick up the phone & give me a call. John Kane, Kane Realty, 373-5300, "Southport Specialty."
12tfn

HOMESELLERS: find out what the home down the street sold for! Free computerized list of area home sales and current listings. Go to www.westsacinfo.com or call (916) 373-9600. Parkside Property.
45tfn

OPPORTUNITY IS KNOCKING AT YOUR DOOR! Southport, Janet Drive, $257,500. This is a great priced, 3 bdrm, 2 full bath, 2-car garage home in the heart of Southport. Priced for the 'cosmetic fixer' -- you can do with a little of your touch. More features include frplc, many upgrades by owner, cul-de-sac location -- what could be better? Call for your appointment today! John Kane, Kane Realty, 373-5300, where your needs come first.
12tfn

ESTATE SALE: 1436 Dobros Dr., $178,800. Beautiful 2-bdrm custom home on picturesque lot, 1 full bath, CH/A, 1-car detached garage, connected by covered breezeway, upgrades include newer thermal windows. Still has original kitchen, hardwood floors, great location. Estate will look at all offers on Fri., Nov. 7, 2003. Come by & check out this excellent home. John Kane, Parkside Property, 373-5300, "Trusted experience & respect."
12tfn

2000 Willow Ave., $189,500. Best-priced home on a tree-lined street! Close to downtown, shopping, bus & easy access to freeway. 2 bdrm, 1 full bath, detached 1-car garage, remodeled modern kitchen. If you've been looking for one give me a call & let's take a look. JOHN KANE, Parkside Property, 373-5300, 'Your Hometown Realtor.'
12tfn

REAL ESTATE QUESTIONS:
'Need to know'?
Or *'Just Looking'*?
Complete list of homes with photos, emailed to you, your choice:
- Homes for Sale
- Pending Sales
- Homes Sold

JOHN KANE - 373-5300
"Your West Sacramento Specialist"
38tfn

HOMES FOR RENT

Let us be your source for West Sacramento rentals! S&S Property Management, owner Bill Shower. Call 371-1870 or email rentals or email rentals@ssproperty.com for information on what could be your next home!
37tfn

CHILD CARE

FREE CHILD CARE REFERRALS: Child Care Services offers free child care referrals to licensed family child care homes and child care centers. For referrals and other information, call (530) 757-5695 or (800) 723-3001.
2003-30

LOST & FOUND

FOUND: Cockatiel, on 12/27, near Westmore Oaks School. Call 641-6913.
23

PERSONAL

Thank you St. Jude. -- D.P.
20

SATELLITE TV

FREE HBO & Cinemax for 3 months, FREE Dish TV, Free installation, up to 4 rooms! Call today before promotion ends! Miracle Enterprises, (916) 371-1822 sakesm (916) 996-5910 service.
Feb04

HELP WANTED

RECREATION. Senior Recreation Leader - City of West Sacramento. $10.44-11.36/hr. Req's HS dipl + 3 yrs exper. 20 sem college units pref. For complete info, send SASE, indicating position to HR, 1110 W. Capitol Ave., W. Sacto., CA 95691 or visit www.ci.west-sacramento.ca.us. FFD: 5 pm, 1/30/04. NO POSTMARKS.
20

MOBILE HOMES

$11,950: 2 bed, 1 bath mobile home. Estate sale. Call 372-5328.
23

Illegal Wildlife Souvenirs

(NAPS)—Visiting the Caribbean? Be careful when it comes to souvenir purchases, warns World Wildlife Fund.

Every year, U.S. law enforcement officials seize thousands of illegal items from travelers returning from vacation and sometimes impose fines on violators.

Many illegal souvenirs are made from endangered species; often, wildlife products sold overseas cannot be brought into the United States, or require permits to do so.

"Unsustainable trade is wiping out some of the very wildlife and habitat that travelers go to the Caribbean to enjoy," says Leigh Henry of TRAFFIC, WWF's wildlife trade monitoring network.

More than four million Americans visit the Caribbean yearly, spending an average of $2,362 each. A new brochure called "Buyer Beware" published jointly by WWF's TRAFFIC and the U.S. Fish and Wildlife Service, lists products to avoid in the Caribbean:

- all sea turtle products
- all spotted cat skin products
- certain leather products from caiman, crocodiles, lizards and snakes
- most live birds
- some corals and coral products
- certain orchids and cacti

To learn more, visit www.worldwildlife.org/buyerbeware.

State-Wide Classified Advertising

"Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates."

BOOKS/ PUBLICATIONS

DISCOVER HOW TO get rid of whatever prevents you from....being happy....achieving your goals....living in harmony. Get Dianetics. $7.58. Call 1-800-801-3944 www.dianetics.org (CAL-SCAN)

BUSINESS FOR SALE

BUSINESS FOR SALE? Advertise it Statewide! 200 community newspapers. Reach over 5 million Californians. $450 for a 25-word ad. Cal-SCAN saves you time and money. Call this local participating newspaper for more information. www.cal-scan.com (CAL-SCAN)

BUSINESS OPPORTUNITY

ALL CASH CANDY Route. Do you earn $800 in a day? Your own local candy route. Includes 30 machines and candy. All for $9,995. MultiVend, LLC 880 Grand Blvd., Deer Park, NY 11729. 1-800-998-VEND. (CAL-SCAN)

AMERICA'S HOTTEST OPPORTUNITY - Dollar Stores. Own you Own Store. Turnkey from $45,900. DollarServices4.com 1-800-829-2915. (CAL-SCAN)

BUSINESS OPPORTUNITY?

Advertise it Statewide! 200 community newspapers. Reach over 5 million Californians. $450 for a 25-word ad. Cal-SCAN saves you time and money. Place your ad with this local participating newspaper. www.cal-scan.com (CAL-SCAN)

FIRE YOUR BOSS! A Realistic $250K-$500K potential. 24 hr message. (800)289-5799. (CAL-SCAN)

1.800.VENDING. 90 Machines - $8,670. The Best Locations. 1-800-836-3464 24/Hrs. (CAL-SCAN)

BUSINESS SERVICES

ADVERTISING STATEWIDE! Cal-SCAN saves you time and money. 200 community newspapers. Reach over 5 million Californians. $450 for a 25-word ad. Call this local participating newspaper for more information. www.cal-scan.com (CAL-SCAN)

HELP YOUR BUSINESS grow with a Display advertising solution. Statewide. 118 community newspapers. Reach over 3 million Californians. Call now to receive a FREE information package. 866-800-2672. www.cal-scan.com. (CAL-SCAN)

FINANCIAL SERVICES

$$CASH$$ Cash now for structured settlements, annuities and insurance payouts. (800)794-7310. J.G. Wentworth.... J.G. Wentworth means cash now for structured settlements. (CAL-SCAN)

CASH FOR STRUCTURED Settlement/ Annuity payments. It's your money! Get cash now when you need it most! Oldest/ best in the business. Settlement Purchasers. 1-877-MONEY-ME. (CAL-SCAN

IMMEDIATE CASH!!! US Pension Funding pays cash now for 8 years of your future pension payments. Call 800-586-1325 for a FREE, no-obligation estimate. www.uspensionfunding.com (CAL-SCAN)

HELP WANTED

ARE YOU LOOKING FOR A SPECIAL EMPLOYEE? The brightest? The best? Supplement your local advertising with statewide advertising! 200 community newspapers reaching over 5 million Californians. $450 for a 25-word ad. Place your ad with this local participating newspaper. www.cal-scan.com (CAL-SCAN)

CLASS A CDL in just 2 1/2 weeks. Tuition paid. Hiring experienced drivers. No credit checks. Long Haul Driving. 1-800-781-2778. wgreen@crst.com. Code: 12. (CAL-SCAN)

DRIVER - COVENANT TRANSPORT. Teams and Solos check out our new pay plan. Owner Operators, Experienced Drivers, Solos, Teams and Graduate Students. Call 1-888-MORE PAY (1-888-667-3729) (CAL-SCAN)

HELP WANTED/ DRIVERS

DRIVERS MAY TRUCKING CO. "Is your road to success" *Vans -11 Western. 800-547-9169 x3217 *Reefers - 48 states - 800-547-9169 x3214. Dedicated team runs. Owner operators wanted. www.maytrucking.com (CAL-SCAN)

LAND FOR SALE

NEW MEXICO MOUNTINS 140 Acres - Only $49,900. (adjacent to National Forest) Beautiful land, abundant wildlife, great setting. Year round maintained road. Excellent financing! Call 1-866-202-9711 (CAL-SCAN)

MEDICAL SUPPLIES

ABOUT ELECTRIC WHEELCHAIRS - New - No cost to you if eligible. Medicare accepted. Wheelchairs and Powerchairs (scooter-style) "We treat you right!" Call 7 days. (800) 835-3155. (CAL-SCAN)

REAL ESTATE/ ACREAGE

ARIZONA BEST BARGAIN, 36 acres - $24,900. Borders State Land. Beautiful ranch in Williams/ Flagstaff area, perfect 6,100' climate. Spectacular mountain views. Affordable financing. AZLR 1-877-282-5263. (CAL-SCAN)

STEEL BUILDINGS

BUILDING SALE. "Final Clearance!" Priced to Sell. No Salesman. Go Direct/Save. 20 x 24, $2,900. 25 x 30, $3,900. 30 x 40, $5,200. 35 x 50, $6,900. 50 x 120, $20,800. Others. Pioneer 1-800-668-5422. (CAL-SCAN)



Don't fall for their 'fish story'!

Beware of the circulation claims made by that 'hometown newspaper' distributed in West Sacramento by a Bay Area corporate chain.

The News-Ledger has more subscribers than the West Sacramento Press does. Period!

For a free copy of an official City of West Sacramento staff report comparing the number of subscribers at both newspapers, send a self-addressed envelope to:

News-Ledger, Attn: Subscriber Info, PO Box 463, West Sacramento CA 95691

The News-Ledger remains your only locally owned, independent newspaper, serving you for nearly 40 years.

OPINION

Letters to the Editor

New hope in preventing drunk driving

Butte County Superior Court Judge Darrell Stevens appears to lead the way with the drunk driving rehab program involving court monitoring, Alcoholics Anonymous, and the relatively new prescription medicine, naltrexone, which works by reducing the craving for alcoholic beverages and blocking the "high" feeling. For many, the addiction ends after 3 to 4 months, while others take longer.

During 2002, in Anchorage, Alaska, no one graduating from the program has been rearrested, compared to 2001, when recidivism was 25 percent.

DMV's Research Division, with initial federal grant funding, appears ready to put Judge Steven's idea into effect statewide. If treatment by naltrexone can reduce drunk driving by 75 percent or more, that means fewer deaths, injuries, safer roadways and much lower costs to taxpayers. As Judge Stevens said, "It's a no-brainer." I would add: With such financial savings, we should assure participants that during such rehab training, adequate alternative transit will be provided to minimize driving without license and insurance, thus allowing them to (more likely) stay employed, too.

WILLIAM A. LOWELL
West Sacramento

'Playing until they catch you...'



'Freddie' plays an unauthorized round at Lighthouse

Reader Kathy Reinartz supplied this photo together with a note explaining that the pending closure of Lighthouse Golf Course makes for "the sad ending of a Christmas tradition -- sneaking onto the (closed) golf course and playing until security catches you."

"Goodbye, Lighthouse," added Reinartz. "Happy New Year, West Sacramento politicos and the Grupe Corporation (new owners of Lighthouse)."

Happy New Year!

As 2003 draws to a close today, the News-Ledger would like to take this opportunity to thank you for another successful year.

Thank you for your support.

Your local, independent newspaper looks forward to serving you again in 2004!

EVENTS around the region: from p. 4

Genealogy society meets

The next meeting of the Sacramento German Genealogy Society will be held on January 27th at 1 p.m. at St. Mark's United Methodist Church on Lusk Drive at St. Mark's Way in Sacramento. Speaker Paul Mueller will talk about tips you can use for reading German church and civil records. For more information, call 782-5704.

Classic movie

The Towe Auto Museum, located at 2000 Front Street in Sacramento, will show the classic 1932 movie "Million Dollar Legs", featuring Jack Oakie and co-starring W.C. Fields, Ben Turpin and Lyda Robeti, on January 23rd. The evening will begin with a Wurlitzer Theatre Pipe Organ Concert with Dave Moreno at 7 p.m. Admission is $8. For more information, call 442-6802.

SCC presents play

City Theatre at Sacramento City College will present *Walls*, by Bay Area playwright Jeannie Barroga from January 16-31. The play dramatizes the creation and controversy of the National Vietnam Veterans Memorial. For performance times and ticket information call 558-2228.

Art Court Theatre at SCC is located at 3835 Freeport Boulevard in Sacramento.

The dream goes on

"And the Dream Goes On" will be presented at the CSUS University Theatre from Jan 9-18. Experience a truly unique, exciting theatrical production with rousing music, dance, and poetic words. For ticket information, call 916-557-1999, or go to the CSUS University Theatre box office located at Shasta Hall, 6000 J Street in Sacramento.

Folsom history

The Folsom History Museum newest exhibit, "Main Street USA; Shopkeepers from the Past", will be on display through February 22, 2003. The museum is located at 823 Sutter Street and is open Wed-Sun from 11 a.m. to 4 p.m. Admission is $2.

Alzheimer's society meets

The Alzheimer's Aid Society of Northern California Support Group for the Memory Impaired will meet the 2nd and 4th Wednesday in January at 10:30 a.m. at the Alzheimer's Aid Society Office, 2641 Cottage Way, Suite #4 in Sacramento. For more information on other related groups and meetings, call 448-7001.

Widowed persons meet

The Widowed Persons Association of California encourages widowed men and women to come to Sunday Support get-togethers each Sunday from 3-5 p.m. at the Widowed Persons Association office, located at 2628 El Camino Avenue, Suite D-18.

Activities include bowling, brown bag opera, needle and thread, breakfasts, dinners, golf, card games, dancing and traveling. For more information, call 972-9722.

Fictitious Business Name Statement
Filed Nov. 4, 2003
File No. 2003-1014

The following person is doing business as Alegria Mexican Food, 1106 Greene Terrace, Davis CA 95616:

Armando Arbizo and Jamie Arbizo, same address as above.

This business is conducted by Husband and Wife.

The registrant commenced to transact business under the fictitious business name or names listed above on 11/4/03.

/s/Armando & Jamie Arbizo

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Nov. 7, 2003
by: /s/Ava Woodard, Deputy Clerk

Dec 3 10 17 24

Fictitious Business Name Statement
Filed Nov. 4, 2003
File No. 2003-980

The following person is doing business as Brookshill Design, 18301 C.R. 78, Brooks CA 95606:

Manee Tihm Watson, PO Box 98, Brooks CA 95606.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 9/03.

/s/Manee Tihm Watson

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Nov. 19, 2003
by: /s/Ava Woodard, Deputy Clerk

Fictitious Business Name Statement
Filed Oct. 27, 2003
File No. 2003-984

The following person is doing business as Pharmacists Coalition for the Injured Patient, 2646 Regatta Lane, Davis CA 95616:

Peter Kellison, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 10/1/03.

/s/Peter Kellison

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Oct 27, 2003
by: /s/Sara Pfeifle, Deputy Clerk

Dec 3 10 17 24

Fictitious Business Name Statement
Filed Nov 4, 2003
File No. 2003-1012

The following person is doing business as Meza Trucking, 907 Matmor Rd., Woodland CA 95776.

Jose P. Meza and Rosa Meza, same address as above.

This business is conducted by Husband and Wife.

The registrant commenced to transact business under the fictitious business name or names listed above on 8-03.

/s/Jose P. Meza
/s/Rosa Meza

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Nov 4, 2003
by: /s/ , Deputy Clerk

Dec 3 10 17 24

***

Hold a true friend with both your hands.
—Nigerian proverb

***

A full cup must be carried steadily.
—English proverb

***

Fictitious Business Name Statement
Filed Dec. 12, 2003
File No. 2003-1141

The following person is doing business as New Life Painting, 17 Barth Ct., Woodland CA 95776:

Paul Douglas Daugherty, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 12/12/2004.

/s/Paul Douglas Daugherty

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Dec. 12, 2003
by: /s/Ava Woodard, Deputy Clerk

Dec 24 31 Jan 7 14

Fictitious Business Name Statement
Filed Nov. 21, 2003
File No. 2003-1078

The following person is doing business as B&B Creations, 3396 Jefferson Blvd., West Sacto., CA 95691:

Barbara Marie Griffin, PO Box 1367, W. Sacto., CA 95691.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 11-21-03.

/s/Barbara M. Griffin

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Nov. 21, 2003
by: /s/Sara Pfeifle, Deputy Clerk

Dec 10 17 24 31

Fictitious Business Name Statement
Filed Nov. 18, 2003
File No. 2003-1062

The following person is doing business as Imagine That! Concepts and Designs, 828 Harvard Bend Dr., Woodland CA 95695:

Sharon K. Dowling, same address as above.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

/s/Sharon K. Dowling

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Nov. 18, 2003
by: /s/Kimberly Weisenburg, Deputy Clerk

Dec 10 17 24 31

NOTICE TO ADOPT A NEGATIVE DECLARATION

A Negative Declaration has been prepared for 629 Welland Way in West Sacramento. This Negative Declaration has been prepared to address the potential environmental impacts of a request to reconstruct and expand the West Sacramento office of the Executive Committee of the Pacific Coast Slavic Baptist Association, which was destroyed by fire in January 2003. The request also includes a Lot Line Merger to bring the property into compliance with local building and land use regulations. The Negative Declaration concludes that with the implementation of recommended mitigation measures there will be no significant adverse impacts on the environment.

Copies of the Negative Declaration are on file in the office of the West Sacramento Community Development Department at 1110 West Capitol Avenue, West Sacramento, CA 95691 (telephone 916/617-4645).

Any affected or interested parties may appear at the January 15, 2004, Planning Commission meeting and comment on the Negative Declaration and/or the proposed project.

The West Sacramento Planning Commission will consider adoption of the Negative Declaration on January 15, 2004, in the City Council Chambers located at 1110 West Capitol Avenue, West Sacramento, CA, 95691 at 6:00 p.m., or as soon thereafter as the matter may be heard.

Dec 24

Fictitious Business Name Statement
Filed Dec. 4, 2003
File No. 2003-1101

The following person is doing business as Atria Senior Living Group, 245 Fischer Avenue, D-1, Costa Mesa, CA 92626:

ARV Assisted Living, Inc., a Delaware corporation, 245 Fischer Avenue, D-1, Costa Mesa CA 92626.

This business is conducted by a Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on 10-1-03.

/s/Douglas Armstrong, Senior Vice President

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Dec. 4, 2003
by: /s/Ava Woodard, Deputy Clerk

Dec 17 24 31 Jan 7
Cns612709

Fictitious Business Name Statement
Filed Dec. 4, 2003
File No. 2003-1102

The following person is doing business as CEN-CAL WALLBOARD SUPPLY, 1500 S. River Rd., West Sacramento CA 95691:

L&W Supply Corporation, 125 South Franklin St., Chicago IL 60606, a Delaware corporation.

This business is conducted by a corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on Dec. 1972. Previous fictitious business name number 95-194.

/s/

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Dec. 4, 2003
by: /s/Ava Woodard, Deputy Clerk

Dec 17 24 31 Jan 7
Cns612646

Fictitious Business Name Statement
Filed Nov. 19, 2003
File No. 2003-1067

The following person is doing business as Singhs Enterprise, 1629 Craft Dr., Woodland CA 95776.

Gur Nekh Singh, 1629 Craft Dr., Woodland CA 95776.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 11/14/03.

/s/Gur Nekh Singh

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Nov. 18, 2003
by: /s/Sara Pfeifle, Deputy Clerk

Dec 17 24 31 Jan 7

***

Be not slow to visit the sick.
—Ecclesiastes

***

Greatness knows itself.
—William Shakespeare, *Henry IV, Part 1*

***

PUZZLES & COMICS

The Spats

by Jeff Pickering



Out on a Limb

by Gary Kopervas



Mama's Boyz

by Jerry Craft



Amber Waves

by Dave Phipps





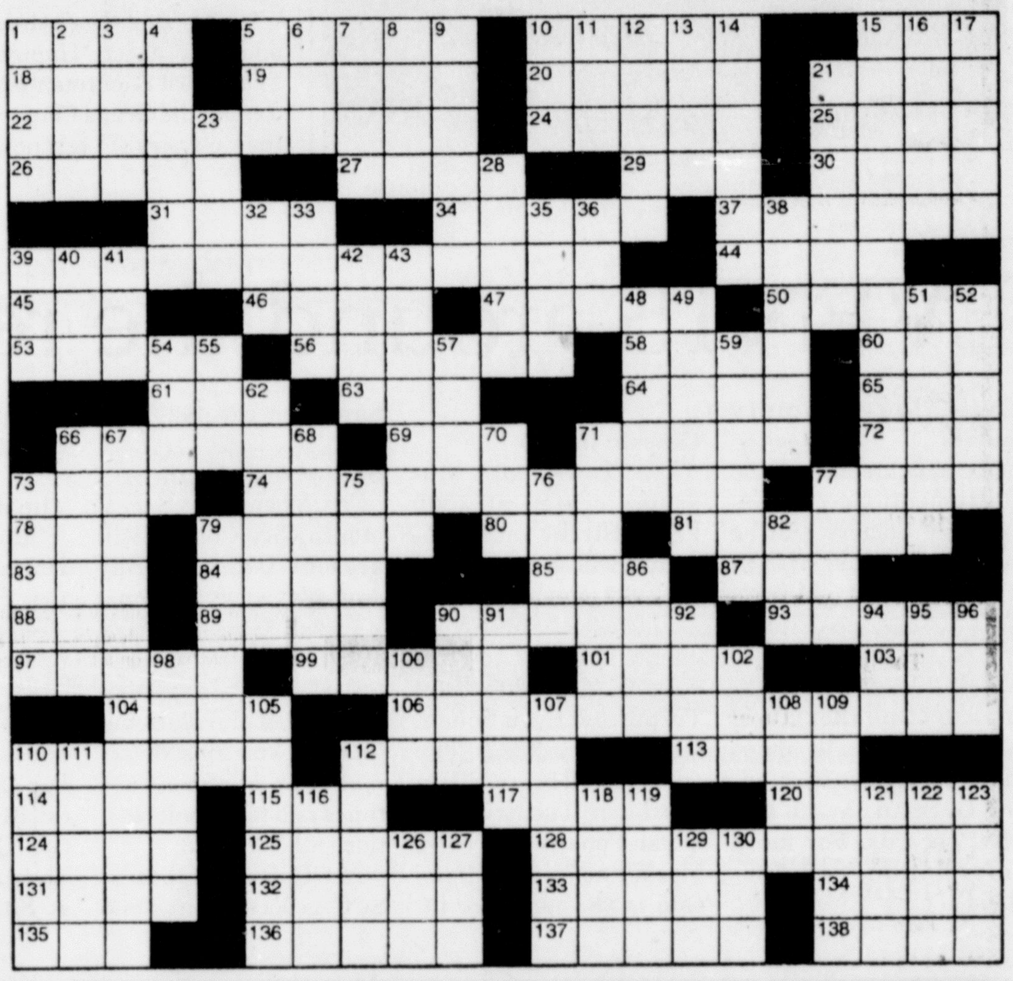


Super Crossword

BOVINES

ACROSS
1 Enjoys an enchilada
5 Cargo crane
10 Circus employee
15 Hilarious Howard
18 What you used to be
19 Mennonite group
20 Cheer
21 Planted
22 Bovine jazzman?
24 Famed fabulist
25 Geometric figure
26 Chrissie of The Pretenders
27 Warts and all
29 Actress Munson
30 "May I interrupt?"
31 Certain Semite
34 Rocker Cassidy
37 Pay
39 Bovine auto racer?
44 Fit
45 Crony
46 Director Ferrara
47 Rock's — Trick
50 Yellowish brown
53 Chasm
56 Adams or Astor
58 Couch
60 Maris of "Nurses"
61 LAX letters
63 Kimono closer
64 Jab
65 Noisy racket
66 Mystical
69 German city
71 Electronic device
72 Say please
73 "Beat it!"
74 Bovine outlaw?
77 Satiate
78 — Aviv
79 Free-for-all
80 Word with sister or story
81 Costume sparkler
83 Actor Kjellin
84 Learn fast?
85 Spare tire
87 Johnny Yuma, for one
88 Mythical bird
89 Periodic table abbr.
90 Gave someone a smack
93 Writer Runyon
97 Rise
99 Go in
101 Beholds
103 Southern constellation
104 Sue of "Lolita"
106 Bovine actress?
110 "Cat —" ('65 film)
112 Exodus edible
113 Prudish one
114 Melville work
115 "— Day Now" ('62 hit)
117 To be, to Baudelaire
120 Entangle
124 Puzzle direction
125 Chutzpah
128 Bovine publisher?
131 Ages
132 Church law
133 Brinks
134 Banana-rama, e.g.
135 Actress Susan
136 Endangered animal
137 Adjust a watch
138 Time to evolve?

DOWN
1 Decorate glass
2 Nautical cry
3 Wilder's "Our —"
4 Dairy treat
5 Smidgen
6 Internists' org.
7 Jet-setter's need
8 Egyptian deity
9 Religious belief
10 Bristol brew
11 Bristol brew
12 Jocular Jackie
13 School founded in 1440
14 Meal
15 Bovine boxer?
16 Proprietor
17 "— Mine" ('85 film)
21 Justice Antonin
23 St.-to-be
28 Astound
32 Chicken — king
33 Iceberg's kin
35 '68 US Open winner
36 Exploit
38 Small mall
39 Hydro-therapy site
40 Actor Hunter
41 TV Tarzan
42 Franco of "Camelot"
43 Drop
48 Salad type
49 Spongelike
51 Bright inventor?
52 Like Lincoln
54 Splinter group
55 Alphabet sequence
57 Ingratiating
59 Silo stuff
62 Victoria's husband
66 It's spotted at zoos
67 Bovine band-leader?
68 Louisiana university
70 Geograph-ical abbr.
71 "Clair de Lune" composer
73 Celebrities
75 Car bomb?
76 Grabs all the goodies
77 Neighbor of Hispaniola
79 Bob of basketball
82 Proof letters
86 Rock hound?
90 Eager
91 Castle or Cara
92 "How — Is Your Love" ('77 hit)
94 Deface
95 Supper scrap
96 Slangy denial
98 Stockings
100 TV listing abbr.
102 Big —, CA
105 Shade of meaning
107 Ecclesiastical title
108 Sage
109 Put the match to
110 Portended
111 "That's —" ('53 tune)
112 Loy or Blyth
116 "A Face in the Crowd" actress
118 Discourteous
119 They're often beaten
121 Curly coif
122 Equine accessory
123 Aphrodite's son
126 "— Ryan's Express" ('65 film)
127 Remnant
129 TV's "— Haw"
130 Presidential monogram

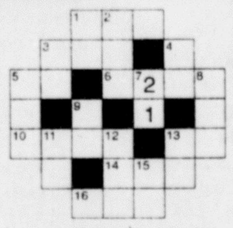


Please see answers on back page

Rational Numbers

by Linda Thistle

Using the clues, simple arithmetic, and a little logic, place a single digit (0 to 9) in each empty box in the diagram. To help you get started, two digits have been entered in the diagram.



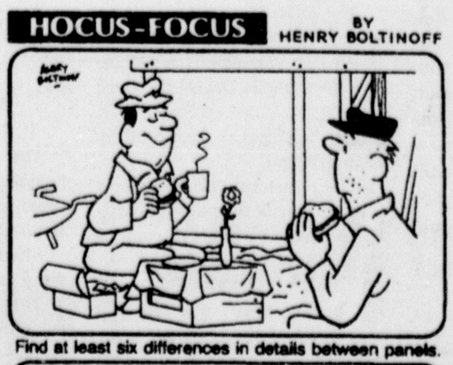
ACROSS
1. Digits of 3-Across reversed
3. Sum of the digits is 13-Down
5. Thirty less than 3-Down
6. 1-Across plus 8-Down
10. 4-Down times 7-Down
13. One-third of 5-Across
14. Consecutive digits rearranged
16. Digits of 2-Down rearranged

DOWN
1. Seven more than 5-Across
2. Twenty less than 5-Down
3. 4-Down minus 13-Down
4. 5-Across plus 1-Down
5. 10-Across minus 6-Across
7. Digits of 13-Across reversed
8. Two times 16-Across
9. 13-Across plus 1-Down
11. Five less than 3-Down
12. 8-Down plus 11-Down
13. Two more than 15-Down
15. One-fifth of 9-Down

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

MAGIC MAZE ● JAPANESE —

H B X U R O L I E B Y V S Q N
K H E B Y W T R O L J G E B Y
W U R P N E N K I G D B Z X V
S Q O M K C E I G E R C A Y W
U S Q P A N D R O M E D A N L
J H F E S I R I E N V C A Y H
X V U S Q U A E L P O N N S Y
M K J H F Q G I T E L M I V C
B I A R U M A S E N C D I H Z
Y X V U T U R C E D A R Q K C
P O M L Q K I Y B R E L P A M

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Andromeda, Beetle, Cedar, Chin, Clover, Garden, Iris, Ivy, Kimono, Lantern, Maple, Quail, Quince, Radish, Yen

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2	5	3	2	3	6	2	4	5	3	8	4	6
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3	6	5	8	5	8	2	6	7	6	2	6	4
E	I	R	O	E	V	N	O	S	N	T	O	U
7	3	6	8	4	2	5	4	5	8	2	8	5
T	N	F	E	A	F	E	R	A	O	U	F	B
6	7	5	6	7	2	3	4	8	6	3	6	5
M	E	L	I	A	L	T	E	L	N	H	D	E
7	5	3	4	2	7	8	2	6	8	7	2	5
D	F	O	S	W	Y	U	E	S	X	P	E	R
4	3	8	2	7	4	7	4	3	4	5	8	3
E	U	U	K	R	C	O	U	G	R	I	R	H
7	4	5	3	7	8	3	5	7	5	7	5	7
G	E	E	T	R	Y	S	N	E	D	S	S	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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PORTS OF CALL

by Bethany Murray

A Proper Cup of Tea

You can't go to England without having some proper English tea, and some people go purposely for the tea. The British drink 165 million cups of it every day, after all, so they have the afternoon ritual down. Taking tea is relaxing, social, traditional and, when done well, thoroughly delightful. For anyone who wants to hit the best of British tearooms, there's guidance to be found online, from the Tea Council, and in some good tea books.

The traditional service will generally include a pot of freshly brewed loose-leaf tea, plus scones with jam and clotted cream. Depending on the service you choose, you can also enjoy finger sandwiches, pastries and cakes and even champagne. And if you've never had clotted cream — well, you've never known a little piece of heaven right here on Earth: Imagine whipped cream, but thicker, spreadable and just divine.

Each year the Tea Council (www.tea.co.uk) selects Britain's Top Tea Place after secretly visiting more than 100 tea shops and tea rooms in search of the "best cuppa." Marks are given on the variety and quality of teas and food, as well as the way the tea is brewed and served. This year's winner is Margaret's Tea Room, Baconsthorpe, Norfolk. In 2001 and 2002, it was Trenance Cottage and Tea Room, Newquay, Cornwall.

The council's mystery tea tasters also visit 20 of the best tea venues in London to determine the Top London Afternoon Tea. This year's winner is the Four Seasons Hotel London; previous winners include The Dorchester Hotel. At both hotels (and others) the tea experience is one of elegance, calm and tranquility in the midst of grandeur and luxury.

Another good source of direction is the Teapot Trail (www.teapottrail.co.uk), which produces a series of well-researched books. Some of its recommendations are:

• Ellish Baughan Pottery and Tea Room, Aston, Oxfordshire, in a pottery works that supplies more than 200 shops in Britain, Europe and the United States.

• The Haywards Coffee Shop, Nature in Art, Gloucestershire, in the first museum in the world dedicated solely to international wildlife art.

• Tetbury Gallery Tea Room, Tetbury, Gloucestershire, where the scone choices branch out into Black Forest — a chocolate scone served with black-cherry jam and clotted cream.

And then there's Sally Lunn's, in the once-Roman city of Bath. It's one of the most famous teahouses in the world, whose history stretches back more than 300 years. Here they still bake the Sally Lunn Bun that made the place famous, from Sally's own 1680 recipe.

Wherever you go, indulge, and enjoy your cuppa!

Books to check out: "The Tea Council's Best Tea Places"; "Where to Take Tea" by Susan Cohen; and "Tea Rooms of Distinction" and others in the Teapot Trail series.

Send comments, ideas or tips to portsofcall2001@aol.com, or send letters c/o KFWS, P.O. Box 536475, Orlando, FL 32853-6475.

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CRITIC'S CORNER

By D.N.A Smith



Eddie Murphy

"The Haunted Mansion"

Running Time: 90 minutes
MPAA rating: PG

When "Pirates of the Caribbean" came out, I thought, "Oh, great. A movie based on a Disney theme-park ride. This should really stink up the joint." Then, I was blown out of my seat by how great the movie was. I couldn't believe that a film loosely based on a theme-park ride could be so entertaining. So, imagine how high my hopes were going into "The Haunted Mansion," another movie based on a Disney ride.

Well, I have some good news and some bad news. The good news is that the movie is just like the ride. The bad news is that the movie is just like the ride: It isn't funny, nor is it scary. The only person this film will impress is a four-year-old. His name is Arnie. You don't know him.

The movie stars Eddie "Remember When I Was Funny?" Murphy as Jim Evers, a realtor who takes his wife and kids to a potential client's mansion. The mansion is owned by Master Gracey (Nathaniel Parker), one of 999 ghosts living in the decrepit old house.

Gracey sees Murphy's wife (played by Marsha Thompson) and falls immediately in love with her because she resembles his long-dead wife. So, naturally, the family is trapped in the haunted house and must escape Gracey Mansion by solving a bunch of clues that will allow the dead to rest in peace.

The effects are far from special, there aren't many funny lines, and the acting isn't that great. Sure, you see some of the stuff from the ride, like the ballroom and the lady who's head is in a crystal ball (Jennifer Tilley), but so what?

The only saving grace about "The Haunted Mansion" is that it costs less to be bored by this movie than it costs to pay for a ticket to Disney World to be bored by the ride. In my book, that's not much of a deal. Rent "Pirates of the Caribbean" instead. It's cheaper than BOTH options and 100 times more entertaining.

GRADE: D

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***

A man isn't poor if he can still laugh.
—Raymond Hitchcock

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My favorite thing is to go where I have never gone.
—Diane Arbus

***

***

The longest journey is the journey inward.
—Dag Hammarskjold

***

***

Learning is a treasury whose keys are queries.
—Arabian proverb

***

THE CHOPPING BLOCK

by Philomena Corradeno

HEARTY AND HEALTHY WINTER MEALS



Still regretting that plum pudding with hard sauce, the mince and pecan pies, Thanksgiving turkey, Christmas roast beef and New Year's ham? Are you now yearning for a big bowl of hot soup or a hearty down-home stew with not too much meat? Then look to mushrooms with their meat-like texture.

Not only are mushrooms a fine substitute for meat, they are low in calories and carbohydrates, are a source of the B-vitamins and essential minerals, and, like all vegetables, they're cholesterol-free.

Featured here is a stew that is completely meatless. Portabella and the more familiar white mushrooms replace the meat and make it hunger-appeasing. Serve it with mashed potatoes. Better still, try baked potatoes with a little of the stew sauce poured over. (No-no on the sour cream.)

This version of the Stroganoff has less fat and calories than the classic. Only 12 ounces of meat is beefed up by a pound of mushrooms. Serve it with the traditional noodles or with cabbage for fewer carbs.

WINTER PORTABELLA MUSHROOM STEW

- *4 tablespoons olive oil*
- *1 large onion, diced*
- *1 to 2 teaspoons chopped fresh or 1/2 teaspoon dried rosemary*
- *8 ounces portabella mushrooms, sliced 1/2-inch thick*
- *1 pound large white mushrooms, thickly sliced*
- *1 can (14.5 ounces) diced tomatoes*
- *3 tablespoons tomato paste*
- *2 garlic cloves, minced*
- *1 teaspoon white or red wine vinegar*
- *2 tablespoons butter (optional)*
- *Salt and ground black pepper, to taste*

Heat 1 tablespoon oil in a large nonstick skillet over medium heat. Add onions and rosemary; and cook, stirring occasionally, until onions are lightly browned, about 12 minutes; remove to a bowl. Return the pan to the stove and add half the remaining oil. Add the portabella mushrooms and sauté until nicely browned, about 5 minutes, remove to bowl with onion mixture. In the remaining oil sauté white mushrooms. Return everything to the pan and add the tomatoes, tomato paste, garlic, vinegar and 1-1/2 cups water. Simmer gently for 12 to 15 minutes, then swirl in the butter. Season with salt and pepper. Makes 4 portions.

BEEF AND MUSHROOM STROGANOFF

- *2 tablespoons butter*
- *12 ounces beef tenderloin (fillet), thinly sliced*
- *1 pound mushrooms, quartered (about 6 cups)*
- *1/2 cup chopped onion*
- *1/2 teaspoon dried dill weed*
- *1/2 teaspoon salt*
- *1/4 teaspoon ground black pepper*
- *1/4 cup dry white wine*
- *1/2 cup reduced-fat sour cream*

In a large nonstick skillet, melt butter over high heat. Add beef, half at a time. Cook until browned on both sides, turning once, about 4 minutes; remove from skillet. Repeat with remaining beef. Add mushrooms, onions, dill, salt and pepper; cook, stirring constantly, for 4 minutes. Add wine and return beef to skillet. Cook until heated through, about 3 minutes. Remove from heat. Stir in sour cream until blended. Makes 4 to 5 portions.

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PAGE FROM THE PAST

from November 19, 1920

LOCAL ITEMS

The Sacramento River registered 11 feet 2 inches, U. S. gauge at the bridge, yesterday. At the time the gauge was taken the river was rising rapidly with its surface badly covered with debris brought down from upriver points. Mud and slush were finding their way around the intake of the Sacramento city water works at Front and I streets, and the water was so badly laden with mud it had a peculiar muddy color of gray-brown.

Men, It Will Pay You to trade with me. I carry only the best standard, reliable men's wear. Men's Crown genuine United States army cloth shirts, special $5.65; heavy brown flannel shirts, special $2.65; heavy cotton rib underwear, special $1.20; heavy union suits, special $2.45; heavy wool hose, special 3 pair $1. Agents for Signal Brand union-made dress and work shirts. Leading brands overalls; Cooper and Glastonbury wool underwear; Phoenix hose. The No-Rent, Money-Back Store. CASH CHECKS. Gus Marks 417 K Street. (adv

Tomorrow (Saturday) night is the date set for the prize masquerade ball to be given by the Fire Trustees and unless the evening is very stormy a big crowd promises to be present. The trustees assures that the prizes will be substantial and that the music will be first class. The hall will be decorated for the occasion and some very fine costumes are expected at the dance.

The entertainment that was to be given by the Parent-Teacher Association last night was postponed until some later date because poor weather was anticipated and parents did not want to subject their children to a storm. The entertainment will be held during some evening of next week.

CLERKS (men, women), over 17, for Postal Mail Service. $125 month. Experience unnecessary. For free partculars of examination, write R. Terry (former Civil Service Examiner), 859 Continental Bldg., Washington, D. C.

J. S. Lear is at his home after several months' absence at La Moine where he has been engaged as engineer during the past six months. He will likely spend the winter here, expecting to return again next spring when the camp opens up.

Cal Painter suffered a broken leg yesterday afternoon in the shipyard of the Sacramento Transportation Co. when he slipped from a gangplank in the performance of his work. He was taken to Sacramento for treatment but was later returned to his home.

A stolen automobile, a new Ford, was found by Constable Buckingham last Wednesday on the State highway west of the oil station in West Sacramento. The car was taken from Twelfth and J streets, Sacramento, the previous night while its owner, J. H. Burnett, of Auburn, was attending a theatre. The car has been returned to him.

An aged man was found by Constable Buckingham last Wednesday in the "jungles" near West Sacramento, unconscious and unable to take care of himself. He was taken to the County Hospital in Woodland for treatment where he still remains. Neighbors of his in the jungles did not know his name nor anything about him and were unable to furnish any information concerning him. In his cabin there were no marks of identification and whether he was unconscious from sickness or starvation Constable Buckingham could not say. He remains at the hospital.

Two chairmen for the local Red Cross roll call have been appointed, one by the Woodland and one by the Sacramento Chapters, with the result that the two chairmen, Mrs. A. M. Cameron and Mrs. Mamie Conzetti, have agreed upon a division of the work. The latter will act as subchairman of the committee. Mrs. Conzetti has appointed the following who will assist as captains of the drive: Ralpha Colclough, Ruth Rickard, Marguerite Moser, Dorothy Van Deren and Cleone Lynch.

QUIET WEDDING UNITED LOCAL YOUNG PEOPLE

Last Monday Tommy Eddy and Sallie Russel were made man and wife by Rev. Dr. Wilson at the First Baptist Church in Sacramento.

They were accompanied only by a few close friends and relatives and immediately following the wedding went on their honeymoon to San Francisco and other coast points.

Tommy Eddy is an employe of the S. P. Company where he is highly trusted. He has been making his home in Washington during the past four years.

Mrs. Eddy is the daughter of Clarence Russel and was born and raised in Washington. Before her marriage she was a saleslady in Sacramento with a large firm.

On their return from their honeymoon they expect to make their home in Sacramento until a suitable residence can be found in Washington.

Men, Listen! I save you money. Why? No rent to pay. Men's 100 per cent wool suits and overcoats, special $35; worsted dress pants, special $5.85; tweed hats, special $3.50; fur hats, special $2.95; dress caps, special $1.95 up; Lawrence corduroy pants, special $4.95. Agents for Capps 100 per cent all wool clothes, No-Name Union-made and John B. Stetson hats. Keystone union-made corduroy pants. The No-Rent, Money-Back Store. CASH CHECKS. Open evenings till 9. Gus Marks, 417 K Street. (adv

Chas. P. Nathan & Sons' Temporary Office, 912 Sixth Street, between I and J (News Bldg.). Transact all business here. (adv

Mr. and Mrs. William Williams (Pauline Marthiana) returned yesterday from a honeymoon spent in San Francisco.

A meeting of the Washington Parent-Teacher Association will be held at 7:30 tonight at the school.

Mildred Beale, little niece of Mrs. George Newton, is ill at the home of her aunt.

Mrs. Malcolm Anderson and sister, Miss Ida Eckman, both of Squirrel, Idaho, are visiting at the home of their sister, Mrs. William Norton. They may remain all winter. Mr. and Mrs. Arthur Anderson of Marysville are also guests of the Nortons.

Mr. and Mrs. Paul Dupzyk motored from San Francisco last Sunday and are spending several days with Mrs. Dupzyk's mother, Mrs. Anne Harms.

A very pretty wedding was solemnized at the Joseph Williams home last Sunday when William Williams took as his bride Miss Pauline Marthianna of Sacramento. While only the immediate family were present, the ceremonies lacked nothing in interest to the many friends of the groom in this city. The newlyweds left that night for a short honeymoon.

Pearl and Marguerite Moser, Ruth Rickard, Howard White and Alfred Evans motored to Putah Canyon Sunday on a holly berry gathering excursion.

Mrs. A. L. Case and her mother, Mrs. Coupe, are both ill at the Case home. Mrs. Fred Moser, only recently recovered from a serious illness, was again stricken suddenly Saturday when an attack of ptomaine poison nearly ended her life. She was somewhat improved yesterday.

A group of Washington young people are making preliminary plans for an entertainment to be given early in January, the proceds of which are to be used to start a fund for providing a new floor in the ballroom of the Town Hall.

Mrs. Edwin Wieger of Stockton is visiting her mother, Mrs. Frank Flatbush.

Mrs. M. McCarthy had a narrow escape from death in the Sacramento River last Tuesday when she fell into the water from a houseboat. She was rescued by T. Cunningham who rushed to the scene attracted by her cries for help. Mrs. McCarchy was about to be carried under the houseboat by the current when Cunningham reached her.

SALE OF SACRAMENTO NORTHERN WILL MEAN MUCH FOR WASHINGTON

At a meeting of the security holders of the Sacramento Northern Railroad held in San Francisco last Saturday, a committee in investigate the value of the road's properties was appointed. The committee was instructed to report back today (Friday).

The committee is composed of Miles Standish, San Francisco, chairman; Walter Manfield, San Francisco; George P. McNear, Petaluma; R. H. Curry, Richmond, and William Bush, Woodland.

John S. Drum, San Francisco banker and director of the road, who made an unsuccessful effort last week to oust G. F. Detrick from the presidency of the Sacramento Northern, told the security holders today that Detrick's proposal of sale to the Western Pacific was entirely inadequate.

He asserted that Detrick's offer to the Western Pacific was made in his individual capacity and that Detrick's commission from the security holders on the proposed deal would amount to $121,000, while the Western Pacific in addition had offered to pay Detrick a commission of 2½ per cent with a maximum commission of $100,000.

From reports current The Independent learns that the sale of the Sacramento Northern Railroad is imminent.

Apparently the Western Pacific has been endeavoring to buy the road to be used as a feeder and reports have it that if the Western Pacific does not make the purchase the road will be bought by the Chicago, Burlington and Quincy Railroad.

DREDGER WORK HAS GONE WITH THE FLOOD; ABSOLUTELY WASTED

In last week's issue of the Independent attention was called to the work being done by the dredger Atlas near the mouth of the American River.

The Atlas had been at work for more than a week at not less than $150 a day.

It was clearing the channel for navigation and in moving the sand it simply deposited that material in a pile immediately north of Rocky Point.

As was remarked in the Independent the work of the dredger has already been undone by the rising stream since rains began to fall last Monday.

Not a sign of the pile of sand dug up by the dredger remains to-day, yet a considerable sum was wasted in the dredger's work.

The dredger cut from which the levee of District 811 north of Rocky Point was dug could well be filled in to great advantage if only a suction dredger were used instead of a clam-shell dredger.

Or any other levee or low place could be filled up if only a suction dredger were used.

Nothing now remains of the work done by the Atlas, although it was working for a week in the locality mentioned.

Work of this kind is deliberate and wilful waste that should be stopped if possible by the authorities.

No matter who purchases the Sacramento Northern, future prosperity is promised to the right side of the Sacramento River and Yolo County, for it is here the greatest development will take place.

Great warehouses are to be established and big factories are to be located in Washington or West Sacramento. These are to be used as supply depots to help along the shipping of goods over the transcontinental road.

MARYLAND RAIDED; , BOTTARO PLACED UNDER ARREST

At an early hour Thursday morning a gang of enforcement officers raided the Maryland Cafe on the M-street road and arrested "Babe" Bottaro and three of his help.

Several private parties who had "brought their own" were disturbed and their liquor confiscated.

No liquor was found on the premises except that mentioned.

Bottaro is out on bail furnished by his father, Frank Bottaro, and B. Santini.

An order has been issued by the Navy Department and the War Department of Washington, D. C., that employees must not talk while at work.

Just like Baker and Daniels.

What will the women do?

The Bryte Improvement Club will meet to-night at the schoolhouse, several new matters being scheduled for a hearing. In addition to the business meeting there will be a short entertainment and refreshments will be served.

Mrs. Thomas Evans, who has been confined to her home by ilness, is much improved.

Mr. and Mrs. C. C. Cooper of Winters spent the week-end visiting at the Evans home.

Mr. and Mrs. Ward Pagnello have returned from a trip of a week, during which they viisted the two brothers of the former, John Pagnello at Oakland and Roy Pagnello at Lodi.

Ralph Shaw has returned from a week's vacation spent in San Francisco.

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Blair Manchester accompanied the Southern Pacific Glee Club to Berkeley last Sunday, where the organization gave a concert in the Greek Theatre.

Mr. and Mrs. H. B. Buckingham, accompanied by Mrs Jane Buckingham, motored last Sunday to Elk Grove, where they visited at the home of Mrs. A. Marsh.

The tug America was raised last Sunday by P. A. Hart and his gang of workers. In the slough south of Courtland the boat sank in shallow water. In the effort were engaged P. A. Hart, G. Thomas, Earl Pankost and Blair Manchester.

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Blinded by the light of another car Oscar Newman, 620½ J street, Sacramento, drove his own machine into a band of horses near the Yolo causeway late Saturday afternoon, knocking down one of the horses and throwing himself against the steering wheel, causing painful injuries to his right chest and abdomen. Picked up by Vernon Wolcott of Willows, he was rushed to the Sacramento emergency hospital, where his injuries were treated. The horses belonged to Richard Baker, a horse trader of the Capital City.

While standing in front of his machine and adjusting the lights, F. E. Lake of Turlock was run by an automobile driven by B. W. Zollinger of the Clunie Hotel of Sacramento, on the Yolo causeway last Saturday night and received injuries which it is feared may prove fatal. Physicians in attendance say the man is suffering from a badly injured back, which may be broken, and internal injuries. Lake's car was struck in the rear and the front wheels passed over his body. Zollinger said he was unable to see the truck because there were no lights on it. Lake is at a Sacramento hospital.

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Under Intense Cultivation

10-Acre Farm and Home

In West Sacramento

With tools, implements, barns, chicken house and 5-inch pump, located on main irrigation canal.

House has four rooms with pump on back porch and well 150 feet deep.

Family orchard around home.

Near concrete road, less than 2½ miles from M-street bridge.

Some grapes, peaches, pears, apples.

Take everything as it stands.

HOWARD KEPP

Woolen Prices Reach New Low Levels

It is a pleasure indeed, after many months, to be able to announce to my customers that suits are CHEAPER instead of HIGHER.

The drop in certain lines of woolens has been quite substantial. It amounts to at least $10 a suit. I am glad to pass this saving along to you.

Please understand though, that I have reduced nothing but the price of the suit. The same careful attention to fit, the same honest linings and trimmings, and the same splendid tailoring go into every suit. That is why I still tell you that I make the best tailored suit in Sacramento at a moderate price.

Clifton TAILOR
1009 Eighth St.

THE BUN

Formerly TH

12th Stre

Is Open for the Entertai

CABARET EA

JAZZ M

Residents of Yolo

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Superior Warm Air Furnace

Does the Work. This is a distinctly high grade heater.

FRANK Z. AHL



Phi

PAINTS

Fictitious Business Name Statement
Filed Nov. 20, 2003
File No. 2003-1072

The following person is doing business as River Bank Ranch, 4795 Hwy 45, Knights Landing CA:

Roy Thouvenell and Lesley Thouvenell, same address as above.

This business is conducted by Husband and Wife.

The registrant commenced to transact business under the fictitious business name or names listed above on 11/20/03.

/s/Roy Thouvenell
/s/Lesley Thouvenell

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Nov. 20, 2003
by: /s/Sara Pfeifle, Deputy Clerk

Dec 17 24 31 Jan 7

Fictitious Business Name Statement
Filed Nov. 4, 2003
File No. 2003-1010

The following person is doing business as Salsa Tacos, 2910 W. Capitol Ave.:

Guido A. Benitez and Lupe Benitez, 1141 Hawk Ave., Sacto CA 95833.

This business is conducted by Husband and Wife.

The registrant commenced to transact business under the fictitious business name or names listed above on 8/1990. Previous fictitious business name number 98-581.

/s/Guido Benitez

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Nov. 4, 2003
by: /s/Ava Woodard, Deputy Clerk

Dec 17 24 31 Jan 7

Fictitious Business Name Statement
Filed Dec 12, 2003
File No. 2003-1143

The following person is doing business as ELKA, INC., 2475 Davis Road, West Sacramento, CA 95691.

Edward C. Pfuntner and Lorraine Pfuntner, 2475 Davis Rd., W. Sac., CA 95691.

This business is conducted by a Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on 9/25/03.

/s/Edward C. Pfuntner, President
ELKA, Inc.

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Dec. 12, 2003
by: /s/Eleigh Fagel, Deputy Clerk

Dec 17 24 31 Jan 7

Fictitious Business Name Statement
Filed Nov 21, 2003
File No. 2003-1081

The following person is doing business as Silva's Audio/Visual Event Management, 1590 Headslane Rd., W. Sac., CA 95691.

Walter Silva, 1590 Headslane Rd., W. Sac., CA 95691; Gilbert M. Silva, 2251 Watt Ave., Sac., CA 95825.

This business is conducted by a General Partnership.

The registrant commenced to transact business under the fictitious business name or names listed above 11-21-03.

/s/Walter Silva

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Nov 21, 2003

by: /s/Sara Pfeifle, Deputy Clerk

Dec 10 17 24 31

PUBLIC LIEN SALE

Notice is hereby given pursuant to CA. Bus. and Prof. Code 21700 et seq. Harbor Self Storage, 541 Harbor Blvd., West Sacramento, California will for the purpose of satisfying lien for storage, sell at public auction at 9:45 a.m., the 19th day of January, 2004, the contents of storage spaces named below, which consist of misc. personal property, household, garage & lawn equipment, misc. boxes & garbage bags of clothing and bedding. Terms and inspection prior to sale.

A-19 Jami Rae Lloyd, B-05 Pam Miles, C-40 Suzanne Fallon, E-18 Tracy Ellis, G-03 Jeanie C. Buschette, G-11 Sandra Gallanger-Houston, H-39 Harry Joe Florence.

J Michael's Auction Service Bd
#1836232
Dec 31 Jan 7

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Police log

Dec. 25, 8:30 a.m.

Near South River Road and Davis Road, a stolen Ford Thunderbird was recovered. Someone had tried to burn it.

Dec. 25, 9:15 a.m.

On South River Road, a trailer was set on fire at a business. Arson was suspected.

Dec. 25, 11:50 a.m.

On the 3200-block of West Capitol Ave., a man got into an argument with another person over a parking space. He pulled out a gun, which turned out to be a replica of a gun. It was booked by police for destruction.

Dec. 25, 2:55 p.m.

On the 1300-block of West Capitol Ave., police responded to the report of a theft. A woman had entered a store, told the manager she would steal something, then reached over the counter and grabbed a heater, with which she fled in a minivan. Shortly afterwards, the woman and a male accomplice were seen stealing CD players in another area store. An officer located the suspect vehicle near Reed and I-80, and conducted a felony stop. The man exited the vehicle and struggled while the officer arrested him. Meanwhile, the woman fled again in the vehicle. Two other West Sacramento police pursued until Sacramento police took over the chase in Sacramento, using the "PIT" maneuver to stop the suspect's car. The woman, too, was arrested.

Dec. 26, 12:46 p.m.

An officer contacted a 35-year old Sacramento man and 25-year old West Sacramento man near 3rd and E streets. A probation search of their vehicle turned out 1.7 grams of methamphetamine. They were arrested.

Dec. 26, 2:44 p.m.

At a Madrone Ave. apartment, someone reportedly entered through a window and stole stereo, TV and VCR equipment.

Dec. 26, 4:28 p.m.

Near Gregory and South River roads, police responded after two riders on a motorcycle were rear-ended by a pickup truck. Both riders were taken by ambulance to UCD Medical Center with serious injuries. They were later pronounced in "stable" condition.

Dec. 27, 7:50 a.m.

Police responded to the report of a man exposing himself in front of an apartment window at E and 6th streets. The 24-year old suspect refused to give his address. He appeared drunk and unable to care for himself, and had not been wearing pants. He was arrested.

Dec. 27, 8:25 a.m.

On the 400-block of C Street, a body was reported outside a liquor store. The victim, a transient, did not appear to have experienced trauma. A coroner's investigator responded.

Dec. 27, 10:30 a.m.

Near Jefferson Blvd. and Park, a woman was stopped for a vehicle code violation. An officer found that her driver's license had been suspended. The woman's car was towed.

Dec. 27, 10:53 a.m.

Near West Capitol and Pine, an officer contacted a 46-year old man who had an open can of beer at a street corner. He refused to put down the beer or follow other directions from the officer. He appeared intoxicated and was arrested.

Dec. 27, 2:35 p.m.

An officer responded to a Harbor Blvd. store after a suspect punched a clerk in the chest for refusing to accept one of the suspect's checks as payment for groceries. The suspect was gone when police arrived.

Dec. 27, 3:12 p.m.

On Walnut St., an officer took a report that someone had entered a resident's garage and stolen air compressor equipment and welding equipment.

Dec. 27, 4:10 p.m.

A stolen 1989 Oldsmobile was recovered at the 2500-block of West Capitol Ave.

Dec. 27, 8:45 p.m.

A 49-year old woman was stopped by an officer who saw her jaywalk at the 1500-block of West Capitol Avenue. The officer found that the woman had an outstanding warrant, and arrested her. The suspect had 1.2 grams of a cocaine-based substance in her possession.

Dec. 27, 9:50 p.m.

An officer saw a subject try to buy liquor without money at a Jefferson Blvd. establishment. The officer contacted the suspect, learned he was on parole, and learned he was carrying a replica handgun. The suspect was arrested.

Dec. 28, 4:05 a.m.

On the 3800-block of Jefferson, a newspaper delivery person reported a store alarm was going and a door had been pried open. It was determined that about $4,000 worth of goods had been taken by burglars.

Dec. 28, 10:08 p.m.

A 46-year old man called police to say he was hurting his family and wanted to be arrested. An officer contacted the man at his home and found him extremely intoxicated. The man's family said the man had been arguing all day. The officer felt the man presented a danger to his family and arrested him for public drunkenness.

Comfort foods

Made fast and healthy

by JoAnna M. Lund

Do You Think Salads Are Boring? Think Again!

Salads are often taken for granted and are usually a last-minute, "pour the dressing over the lettuce" sort of thing. Bring this one to the table soon, and you'll put a smile on everyone's face!

FESTIVE TOSSED SALAD

- *4 cups torn mixed salad greens*
- *3/4 cup thinly sliced celery*
- *1 cup shredded carrots*
- *1/4 cup finely chopped green onion*
- *1 (11-ounce) can mandarin oranges, rinsed and drained*
- *1/4 cup slivered almonds*
- *1/2 cup fat-free Catalina dressing*
- *2 tablespoons orange marmalade spreadable fruit*
- *1 tablespoon finely chopped fresh parsley or 1 teaspoon dried parsley flakes*

In a large bowl, combine salad greens, celery, carrots and green onion. Stir in mandarin oranges and almonds. In a small bowl, combine Catalina dressing, orange marmalade and parsley. Drizzle dressing mixture over salad mixture. Toss gently to combine. Serve at once. Makes 4 (1 1/2 cups each) servings.

Each serving equals: 164 calories, 4 g fat, 3 g protein, 29 g carbo., 406 mg sodium, 4 g fiber; Diabetic Exchanges: 1 1/2 Vegetable, 1 Fruit, 1 Fat, 1/2 Starch

Visit JoAnna's Web site at www.healthyexchanges.com or call her at 1-800-766-8961 for more information about her "common folk" healthy recipes.

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OSTAC NOTICE OF TRUSTEE'S SALE T.S. No: F329634 Unit Code: F Loan No: 8015025888/MARVICH AP No: 058-042-10-1 ALTA REAL ESTATE SERVICES INC.,, as duly appointed Trustee under the following described Deed of Trust WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (in the forms which are lawful tender in the United States) and/or the cashier's, certified or other checks specified in Civil Code Section 2924h (payable in full at the time of sale to T.D. Service Company) all right, title and interest conveyed to and now held by it under said Deed of Trust in the property hereinafter described: Trustor:LLEWELLYN J. MARVICH, TRISHA DEE ANDERSON Recorded July 26, 1999 as Instr. No. 1999-0022987-00 in Book --- Page --- of Official Records in the office of the Recorder of YOLO County, pursuant to the Notice of Default and Election to Sell thereunder recorded September 19, 2003 as Instr. No. 2003-58224 in Book --- Page --- of Official Records in the office of the Recorder of YOLO County; YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED JULY 20, 1999. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. 1123 DELAWARE ST., WEST SACRAMENTO, CA 95691 (If a street address or common designation of property is shown above, no warranty is given as to its completeness or correctness). Said Sale of property will be made in as is condition without convenant or warranty, express or implied, regarding title possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest as in said note provided, advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. Said sale will be held on: JANUARY 20, 2004, AT 11:00 A.M. *ON THE MAIN STEPS OF THE COUNTY COURTHOUSE, 725 COURT STREET, WOODLAND, CA At the time of the initial publication of this notice, the total amount of the unpaid balance of the obligation secured by the above described Deed of Trust and estimated costs, expenses, and advances is $39,160.42 It is possible that at the time of sale the opening bid may be less than the total indebtedness due. Date: December 22, 2003 ALTA REAL ESTATE SERVICES INC., as said Trustee, by T.D. Service Company, as agent CRYSTAL ESPINOZA, ASSISTANT SECRETARY T.D. SERVICE COMPANY 1820 E. FIRST ST., SUITE 210, P.O. BOX 11988 SANTA ANA, CA 92711-1988 714/543-8372 We are assisting the Beneficiary to collect a debt and any information we obtain will be used for that purpose whether received orally or in writing. If available, the expected opening bid and/or postponement information may be obtained by calling the following telephone number(s) on the day before the sale: 714/480-5690 TAC# 491859C PUB: 12/31/03, 1/07/04, 1/14/04

Yolobus 371-2877 To Sac. Airport

Cooking *with* Angels

Church cookbook provides good recipes for a good cause



Over 120 delicious recipes have gone into the creation of *Cooking With Angels,* which has recently been published by West Sacramento's Trinity Presbyterian Church. The recipes come from church and community members and may be purchased by calling Robin Winkelman at 371-8873. You will not only be treating yourself with a tasty dish but you will also be helping to support after school programs for elementary age children.

Below are just two examples of the culinary treasures you will find in *Cooking With Angels:*

Carol's tacos

Carol (Ruiz) Smith has been a resident of West Sacramento since 1948 and is a former leader of such organizations as the River City Boosters Club and the Little Skipper Auxiliary.

Have prepared in appropriate bowls at the table the following: cooked ground round, diced tomatoes, thin shredded lettuce, diced avocado, sliced olives, onion, mild cheddar and Monterey Jack cheese, and Parmesan cheese.

In hot oil in large frying pan, lay one corn tortilla. Lightly brown it. Turn it over and on one side place a slice of yellow cheese and a slice of white cheese. Fold over. Let cheese melt as tortilla browns. Move to one side of the frying pan and start your next flat tortilla. As you take out the finished tacos, get them to the table where other condiments are waiting. Each person assembles his or her own taco.

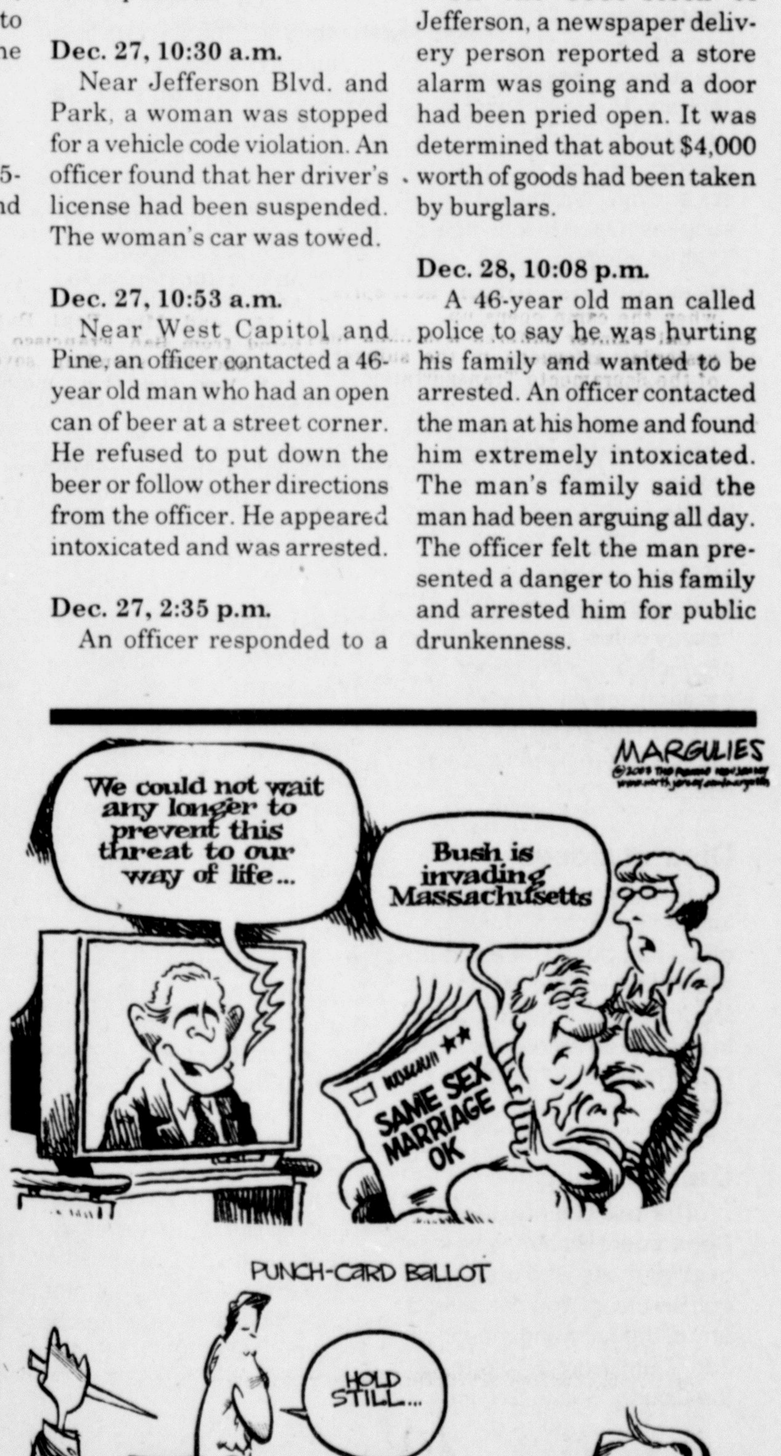
I seldom serve anything else with them, but one could have a bowl of hot Rosarita Refried Beans on the table, too.

Robin's frozen cream fruit salad

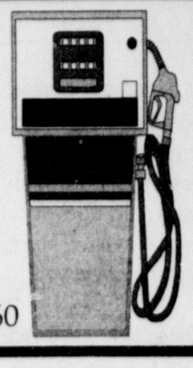
Robin Winkelman has been a resident of West Sacramento for over 59 years and enjoys senior citizen trips and activities. She has served as a deacon at Trinity Presbyterian Church and is the editor of the Cooking With Angels Cookbook.

In a large bowl combine cream cheese, yogurt, mayonnaise, sugar, lemon juices and salt. Beat together until smooth. Fold in fruits until well distributed. Pour into 6-cup ring mold that has been rinsed in cold water. Cover and freeze at least 6 hours. Unmold onto serving dish about 1 hour before serving. Serves 12 to 16.

You will need the following ingredients: 1-8 oz soft cream cheese, 1-8 oz Pina Colada yogurt, 1/2 cup mayonnaise or Miracle Whip, 1/2 cup sugar, 1 T lemon juice, 1/4 tsp. salt, 1-11 oz can mandarin oranges (drained), 1-8 oz can crushed pineapple (drained), 1 8 3/4 oz can peaches (drained and cut into cubes, 1/2 cup chopped pecans, 1/4 cup chopped maraschino cherries, 1 banana (peeled and sliced), 1 cup green grapes (halved), 1 cup red grapes (halved).



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Local Scene

Book sale

A book sale sponsored by the East Yolo Friends of the Library will be held Saturday and Sunday, Jan. 17-18, at the Arthur F. Turner Branch Library, 1212 Merkley Ave. in West Sacramento. Saturday's sale hours will be 9 a.m. to 4 p.m. and Sunday's will be 10 a.m. to 2 p.m. Proceeds from the sale benefit library programs. Donations of clean, gently used books, magazines and audio visual materials are accepted at the library year-round.

Refuse service

Refuse service in West Sacramento will be delayed one day on the New Year holiday. Thursday pick-ups will move to Friday, and Friday pickups to Saturday. If you have any questions, call 617-4589.

Preschool

Discovery Preschool, the newest preschool in West Sacramento, will take registration beginning Dec. 8 for the session beginning in January. The preschool includes an educational program with certified teachers and new equipment and supplies. Open to kids age 3-5; all students must be potty trained. Call 617-4620.

Recycle a tree

Retired Christmas trees can be recycled at the curbside in West Sacramento or taken to River City Green Waste and Recycling at 2895 Industrial Blvd. for free drop-off. Also, don't forget that wrapping paper, shirt boxes, holiday cards, cardboard products and other paper products may go in your curbside recycling container. Please flatten boxes to save space.

District closes

The office of the Washington Unified School District office has closed for a holiday break, and will reopen on Monday, Jan. 5, at 7:30 a.m. In case of an emergency, call Pete Ramirez at (916) 997-1409.

Quit smoking

The Yolo County Health Department is offering no-cost help for those who wish to quit smoking. You can attend any of the following meetings: Jan. 7 or 9 from 9-10 a.m. at the County Health Services Building, 500 Jefferson Blvd., Community Rooms 1 & 2 in West Sacramento; or Jan. 6 or 8 from 6-7 p.m. at the local library branch, 1212 Merkley Avenue. For more information, call 375-6380 ext. 4165.

Toy 'library'

The City of West Sacramento's parks department is now offering a "toy library," providing toys for borrowing by families with children of all ages. Families can check out up to five items over a two-week period, including games, dolls, balls, musical instruments and science toys. Co-sponsored by the Yolo Child Care Services Resource and Referral. Annual family membership of $10 per family. Call 617-4620.

Fireworks!

Sacramento and West Sacramento will be among the sponsors of a fireworks show on New Year's Eve, with one show beginning at 9 p.m. and the other at midnight. Recommended vantage points include West Sacramento's River Walk Park and the Old Sacramento boardwalk area. Listen to FM 96.9 for synchronized music. At the waterfront park in Old Sacramento, there will be a family-oriented variety show from 6 p.m. to 8:45 p.m., and following the first fireworks show there will be a performance by the "Parrotheads," a Jimmy Buffet tribute band, until midnight. For more information, call the Sacramento Convention and Visitors Bureau, (916) 264-7777.

Food drive

The West Sacramento Republicans will collect canned food for area food closets during December. Donations will be accepted during precinct walks and at local collection sites, including Denny's, KOA campground, Homer's Florist, 15th Street Market, and Christ Bradford of Edward Jones Investments (1001 Jefferson Blvd., Suite 800). For information or home collection, call 375-0700.

Coats wanted

Donations of new or gently-used coats and socks are needed to help needy children in the area. Call the Volunteer Connection, a "Hands Together Program," at (530) 661-6636 to find a donation location.

Presents for pets

A "Presents for Pets" program will continue at the Yolo County Animal Services facility through Jan. 2. The animals at the shelter have blankets and food, but often lack stimulation and enrichment easily supplied by toys, treats, grooming and companionship. Such things can lower stress among animals and keep them "adoptable" longer. For information on donating your time or particular items, call (530) 668-5287.

'55 Alive'

The AARP's "55 Alive" safe driving program for seniors will come to the West Sacramento Senior Center on Jan. 22-23 from noon to 4 p.m. Fee is $10. Space is limited. Call 373-5819 to reserve a spot.

Student competition

The Sacramento River Watershed Program and River of Words environmental art and poetry program are sponsoring a poetry and art competition for students. All kindergarten through 12th grade students in the 27,000 square mile Sacramento River watershed are invited to enter. To download an application form, visit www.riverofwords.org. Postmark deadline for entries is Feb. 15.

Suicide prevention

The Suicide Prevention Crisis Line is accepting applications for volunteer service on the crisis line. Training is provided. Call Jonathan at (916) 368-3118 for more information. Training begins Jan. 10.

DAR

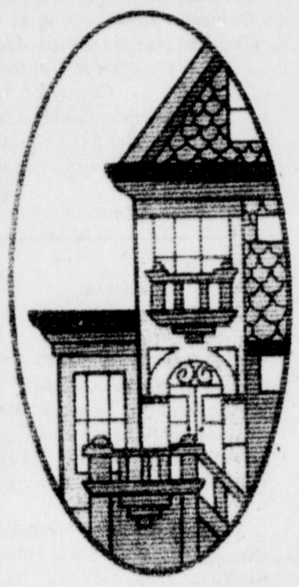
The Sacramento chapter of the Daughters of the American Revolution will meet at 11 a.m. on Jan. 12 at Northminster Presbyterian, 3235 Pope Ave., Sacramento (north of Macroni between Watt and Fulton). For more information, contact Gloriann Smith, (916) 967-9347. Any non-members interested in researching their geology to see if they qualify for membership may call Marcia Sydor, (916) 782-7827.

Interfaith

The West Sacramento Interfaith Gathering invites people from the city's various faith traditions to a monthly brown bag lunch on Friday, Jan. 9 at noon at Community Lutheran Church, 920 Drever Street. For more information, call 371-8804.

Please keep your 'Local Scene' calendar item brief, and send it to:
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Send it early for best chance of publication.

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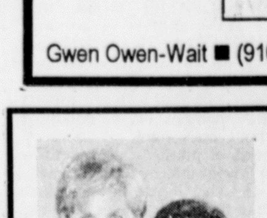
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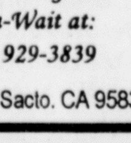
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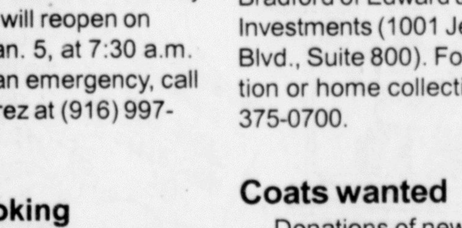
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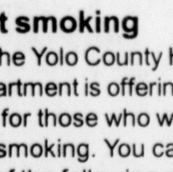


Edward Jones
Chris Bradford
Investment Representative
1001 Jefferson Blvd. Suite 800
West Sacramento, CA 95691
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Answers to Sports Quiz (p. 3) & Puzzles (p. 8)

Answers
1. The Washington Senators were shut out 30 times in 1909.
2. Sean Runyan appeared in 88 games for Detroit in 1998.
3. Mark Rypien.
4. Villanova in 1985.
5. Danny Gare.
6. Norm Duke in 1987 and 1995.
7. The Kentucky Derby, because he was not entered in the race.

Rational Numbers — answers

		4	3	6		
	6	3	4		7	
3	6		1	2	9	8
6		5		1		6
1	6	5	9		1	2
	1		2	1	3	
		4	3	1		

Differences: 1. Lunchbox is different. 2. Flower is different. 3. Hat is different. 4. Wheelbarrow is a different shade. 5. Cap is missing. 6. Beam is missing.



E	A	T	S		D	A	V	I	T		T	A	M	E	R			M	O	E
T	H	O	U		A	M	I	S	H		E	L	A	T	E		S	O	W	N
C	O	W	N	T	B	A	S	I	E		A	E	S	O	P		C	O	N	E
H	Y	N	D	E			A	S	I	S		O	N	A		A	H	E	M	
			A	R	A	B			S	H	A	U	N		S	A	L	A	R	Y
S	T	E	E	R	L	I	N	G	M	O	S	S			T	R	I	M		
P	A	L			A	B	E	L		C	H	E	A	P		C	A	M	E	L
A	B	Y	S	S		B	R	O	O	K	E		S	O	F	A		A	D	A
			E	T	A		O	B	I				P	R	O	D		D	I	N
	O	C	C	U	L	T		U	L	M		D	I	O	D	E		A	S	K
S	C	A	T		B	U	L	L	Y	T	H	E	C	U	D		C	L	O	Y
T	E	L		M	E	L	E	E		S	O	B		S	E	Q	U	I	N	
A	L	F		C	R	A	M				G	U	T		R	E	B			
R	O	C		A	T	N	O		K	I	S	S	E	D		D	A	M	O	N
S	T	A	N	D		E	N	T	E	R		S	E	E	S			A	R	A
	L	Y	O	N			B	E	E	F	Y	N	E	U	W	I	R	T	H	
B	A	L	L	O	U		M	A	N	N	A			P	R	I	G			
O	M	O	O		A	N	Y			E	T	R	E			S	N	A	R	E
D	O	W	N		N	E	R	V	E		H	U	G	H	H	E	I	F	E	R
E	R	A	S		C	A	N	O	N		E	D	G	E	S		T	R	I	O
D	E	Y			E	L	A	N	D		R	E	S	E	T		E	O	N	S